

# \* ATOMS IN OPTICAL LATTICES I: BOSE-HUBBARD MODEL

(1)

\* Due to the so-called dipole force, atoms loaded in a standing-wave formed by two counterpropagating lasers, may experience a sinusoidal external potential of the form:

$$V_{\text{ext}}(x) = V_0 \sin^2 qx$$

( $q$  is the wavenumber of the lasers forming the standing wave and  $V_0$  is the potential depth which is proportional to the laser intensity.)

with periodicity  $d = \pi/q$

\* This is a so-called optical lattice. One may create a 3D optical lattice by employing 3 pairs of counterpropagating lasers.

(Note: We will discuss about other "exotic" optical lattices later in these lectures.)

\* Due to its periodicity, atoms in optical lattices behave in a similar fashion as electrons in a crystal (but here with neither phonons nor defects)

\* In absence of interaction the atoms in the optical lattice obey the Schrödinger equation:

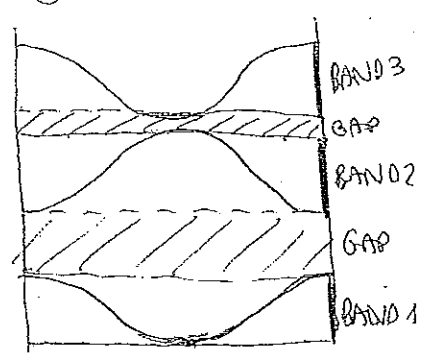
$$E \psi(x) = -\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x^2} \psi(x) + V_0 \sin^2 qx \psi(x) \quad \left( \begin{array}{l} \text{we keep the discussion} \\ \text{1D for simplicity} \end{array} \right)$$

The stationary solutions are of the form (Bloch theorem):

$$\psi_p(x) = e^{ipx/\hbar} u_p(x) \quad (\text{Bloch functions})$$

where  $p$  is the quasimomentum  $\rightarrow -q \leq p/\hbar \leq q$  (1<sup>st</sup> Brillouin zone)  
 $u_p(x) = u_p(x+d)$

For a given value of  $p$  there are different eigen-energies  $E_n$  which form the typical band structure of periodic potentials:



\* Each band is characterized by a dispersion law  $E_n(p) = E_n$

\* The spectrum presents forbidden gaps.

\* Associated with  $E_n$  we have a function  $u_n(x)$ .

\* We can introduce an alternative description, which is particularly useful for our discussion of the tight-binding regime later in this lecture. For the  $n$ -th band we define the Wannier-function at the site  $j$

$$W_j^{(n)}(x) = \frac{1}{\sqrt{N}} \sum_{\mathbf{q}} e^{i\mathbf{q}j\mathbf{d}/\hbar} \underbrace{\psi_{\mathbf{q}n}(x)}_{\text{Block function} \Rightarrow \psi_{\mathbf{q}n}(x) e^{i\mathbf{q}x/\hbar}}$$

$\hookrightarrow$  number of sites

These functions form a complete set of orthogonal functions:

$$\int_{-db}^{+db} W_j^{(n)}(x-j\mathbf{d}) W_{j'}^{(n')}(x-j'\mathbf{d}) dx = \delta_{nn'} \delta_{jj'}$$

Due to the factor  $e^{i\mathbf{q}(x-j\mathbf{d})/\hbar}$  the Wannier function is strongly localized at  $x=j\mathbf{d}$ , i.e. the  $j$ -th site, and this is why this basis is so good in the tight-binding regime.

### \* BEC IN AN OPTICAL LATTICE

\* Let's analyze now the particular case of a BEC in an optical lattice. We will first assume that there's actually condensation, and that we may employ the GP formalism. We will soon see when this is not correct.

- We hence consider the 1D time-independent GPE:

$$\mu \psi_0(x) = -\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x^2} \psi_0(x) + V_{\text{ext}}(x) \psi_0(x) + g |\psi_0(x)|^2 \psi_0(x)$$

where now  $V_{\text{ext}}(x+d) = V_{\text{ext}}(x)$  is the periodic lattice potential.

- The ground-state solution is the Bloch function with  $p=0$  (in the lowest band). This is obviously clear without interactions, but the interactions do not change this fact.

\* We may express any Bloch function in terms of the Wannier functions

$$\psi_{pn}^{\circ}(x) = \frac{1}{\sqrt{N}} \sum_j e^{i\mathbf{p}j\mathbf{d}/\hbar} W_j^{(n)}(x-j\mathbf{d})$$

In particular:

$$\psi_0(x) = \frac{1}{\sqrt{N}} \sum_j w(x-jd) \quad (\text{from now on I consider only the lowest band, and hence remove the band index.})$$

It's quite interesting to have a route to the Fourier-Transform:

$$\begin{aligned} \tilde{\psi}_0(p) &= \int dx \psi_0(x) e^{-ipx/\hbar} = \frac{1}{\sqrt{N}} \sum_j \int dx w(x-jd) e^{-ipx/\hbar} \\ &= \frac{1}{\sqrt{N}} \sum_j \underbrace{\left[ \int w(x) e^{-ipx/\hbar} dx \right]}_{\tilde{w}(p)} e^{-ipjd/\hbar} = \tilde{w}(p) \underbrace{\frac{1}{\sqrt{N}} \sum_j e^{-ipjd/\hbar}}_{\sum_n \delta\left[p - \frac{2\pi\hbar}{d}n\right]} \end{aligned}$$

Hence:

$$\tilde{\psi}_0(p) = \tilde{w}(p) \sum_n \delta\left(p - \frac{2\pi\hbar}{d}n\right) \rightarrow \delta\text{-comb with peaks at } 0, \pm 2\hbar q, \pm 4\hbar q, \dots$$

Fourier-Transform of the on-site (Wannier) wavefunction

We may evaluate  $w(x)$ , and hence  $\tilde{w}(p)$ , exactly, but we may get a quite good approximation (if the lattice is deep-enough) by approximating at a lattice minimum



$$V_0 \sin^2 qx \approx V_0 q^2 x^2 \equiv \frac{1}{2} m \omega_{\text{eff}}^2 x^2$$

We have then an effective harmonic oscillator of frequency  $\omega_{\text{eff}} = \sqrt{\frac{2V_0 q^2}{m}}$  which has a ground state

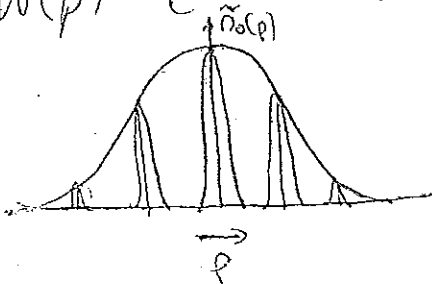
$$w(x) \approx \frac{1}{\sqrt{\pi} l_{\text{HO}}} e^{-x^2/2l_{\text{HO}}^2} \quad \text{with } l_{\text{HO}} = \sqrt{\frac{\hbar}{m\omega_{\text{eff}}}}$$

We approximate the Wannier function by the ground state. Hence:

$$\tilde{w}(p) = e^{-p^2 l_{\text{HO}}^2 / 2\hbar^2}. \quad \text{The momentum distribution is hence:}$$

$$\tilde{\rho}_0(p) = |\tilde{\psi}_0(p)|^2 \propto \sum_n e^{-4\pi^2 n^2 l_{\text{HO}}^2 / d^2} \delta\left(p - \frac{2\pi\hbar}{d}n\right)$$

We have a series of peaks with a Gaussian envelope. Since the BEC has a finite size  $L$ , the peaks aren't truly  $\delta$ 's, but have a finite width  $\sim 1/L$ .



\* The momentum distribution is experimentally very important, because a sudden release of the atoms, leads after expansion to a map of the initial momentum distribution into the final density distribution.

(Note: the expanded density distribution reproduces the original momentum distribution for expansion times much longer than the inverse of the original trapping frequencies and if the non-linear terms can be neglected during the expansion. The latter demand a fast enough density decrease after release.)

• Hence a time-of-flight picture after releasing the BEC in the lattice will show the peaked structure showed above.

\* The appearance of these interference pattern in experiments shows that the system is coherent. Indeed what it means is that the coherence length is larger than the intersite spacing.

In the previous discussion we have assumed a pure BEC. For the case of a pure BEC the coherence length is of the order of the sample size. This is why the peaks of the interference pattern have a width  $\propto 1/L$ .

For a less coherent source, the peaks have a width  $\Delta k \propto 1/\text{coherence}$ .

Note that if  $\text{coherence} \leq d$ , then  $\Delta k \sim \frac{2\pi}{d}$ , and the peaks merge.

(Note: in other words when the quasimomentum distribution  $\Delta k \approx q$ , the quasimomentum distribution gets basically flat (the Brillouin zone saturates), and obviously the fringes disappear.)

• This discussion is particularly important in our discussion of beyond-GPE scenarios.

Let's assume that each condensate at each site is characterized by its own phase  $s_k$ . Then

$$\psi_0(z) = \frac{1}{\sqrt{N}} \sum_j w(x-jd) e^{is_j}$$

$$\tilde{\psi}_0(p) = \frac{1}{\sqrt{N}} \sum_j \int dx w(x-jd) e^{-ipx} e^{is_j} = \tilde{w}(p) \frac{1}{\sqrt{N}} \sum_j e^{-ipjd/t} e^{is_j}$$

Then the momentum distribution is

$$\langle n_b(p) \rangle = n_0(p) \sum_j e^{-i\frac{p}{\hbar}jd/t} \langle \cos [s_j - s_0] \rangle$$

(we have employed translational invariance)

where  $n_0(p) = |\tilde{w}(p)|^2 \approx e^{-p^2 t_0^2 / 2}$  (see p. 15) and  $\langle \dots \rangle$  means the average over the phase fluctuations.

(Note: we recover the factor  $\langle \cos [s_j - s_0] \rangle$  similar to that of the coherence factor that one finds in a Josephson junction)

In the absence of phase fluctuations one has  $\langle \cos [s_j - s_0] \rangle = 1$  and one recovers the  $\delta$ -peaked structure introduced in p. 15, or the contrary phase fluctuations tend to destroy the interference picture. Note that if the coherence factor decays exponentially (and this is what happens in an insulator)  $\sim e^{-j/\Lambda_j}$ , then  $\sum_j e^{-i\frac{p}{\hbar}jd/t} e^{-j/\Lambda_j} \sim \frac{\Lambda_j}{1 + (\frac{p d}{\hbar} \Lambda_j)^2}$ , i.e. every

$\delta$ -peak is substituted by a function of width  $\frac{t_0}{\Lambda_j}$ . Here we recover our discussion of p. 16. It's clear that if coherence  $\equiv \Lambda_j$  is  $\ll d$ , then  $\Delta_p \sim t_0$ , and as discussed in p. 16 the interference fringes disappear.

The full disappearance of the fringes tell us, hence, that the system is basically incoherent from site to site. This is particularly important in the following discussion.

## \* BOSE-HUBBARD HAMILTONIAN: THE SUPERFLUID TO MOTT INSULATOR TRANSITION

\* In the case in which the mean atom number occupation per site is quite small (of the order of 1) and the lattice is deep (this is particularly true for strong 3D optical lattices induced by 3 pairs of antipropagating lasers) then we can't treat any longer the problem with a DNSE, which was assuming individual BECs at each lattice sites.

\* We shall rather employ the Bose-Hubbard Hamiltonian

For the derivation of the Bose-Hubbard Hamiltonian we employ as our starting point the second-quantized Hamiltonian

$$\hat{H} = \int d^3r \psi^\dagger(\vec{r}) \left[ \frac{\hbar^2}{2m} \nabla^2 + V_{\text{ext}}(\vec{r}) \right] \psi(\vec{r}) + \frac{g}{\Omega} \int d^3r \psi^\dagger(\vec{r}) \psi^\dagger(\vec{r}) \psi(\vec{r}) \psi(\vec{r})$$

where  $V_{\text{ext}}(\vec{r}) = V_0 (\sin^2 q_x + \sin^2 q_y + \sin^2 q_z)$

is ~~the~~ cubic optical lattice (we consider such a lattice for simplicity of the discussion)

\* We will restrict our discussion to the lowest energy band, which as for previous discussions means that all other energies of the problem are much lower than the gap to the second band.

\* Associated to the lowest band we have the Wannier functions. Due to the easy separability of the cubic potential, the Wannier function at the site  $\vec{r} = (j_x, j_y, j_z)$  is simply

$$W_{\vec{r}}(\vec{r}) = w(x - j_x d) w(y - j_y d) w(z - j_z d)$$

where  $w$  is the Wannier function associated to each one of the 1D potentials  $U$  in each direction.

\* We may then expand

$$\hat{\psi}(\vec{r}) = \sum_{\vec{r}} W_{\vec{r}}(\vec{r}) \hat{a}_{\vec{r}}$$

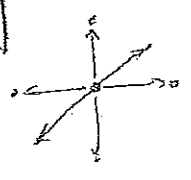
Introducing this expansion into the original  $\hat{H}$ , and in the tight-binding approximation (very localized  $W_{\vec{r}}(\vec{r})$  that very nearly overlap), we obtain

$$\hat{H}_{BH} = -t \sum_{\vec{r}, \vec{\delta}} \hat{a}_{\vec{r}}^{\dagger} \hat{a}_{\vec{r}+\vec{\delta}} + \frac{U}{2} \sum_{\vec{r}} \hat{n}_{\vec{r}} (\hat{n}_{\vec{r}} - 1)$$

↑ hopping energy

where  $t = -\int d^3r W_{\vec{r}}(\vec{r}) \left[ \frac{-\hbar^2}{2m} \nabla^2 + V_{\text{ext}}(\vec{r}) \right] W_{\vec{r}+\vec{\delta}}(\vec{r})$

where  $\vec{r}+\vec{\delta}$  are the nearest neighbors of the site  $\vec{r}$



and  $U = \int d^3r |W_{\vec{r}}(\vec{r})|^4$  and  $\hat{n}_{\vec{r}} = \hat{a}_{\vec{r}}^{\dagger} \hat{a}_{\vec{r}}$

← interaction energy

\* The actual relevant energy is the grand-canonical energy, and hence we redefine:

$$\hat{H}_{BH} = -t \sum_{\vec{r}, \vec{\delta}} \hat{a}_{\vec{r}}^{\dagger} \hat{a}_{\vec{r}+\vec{\delta}} + \frac{U}{2} \sum_{\vec{r}} \hat{n}_{\vec{r}} (\hat{n}_{\vec{r}} - 1) - \mu \sum_{\vec{r}} \hat{n}_{\vec{r}}$$

where  $\mu$  is the chemical potential

↓  
Bose-Hubbard Hamiltonian

In the following we will be particularly interested in the ground-state properties of this Hamiltonian. We will see that depending on the physical parameters two ground-state phases may be attained: a superfluid phase and a gapped insulator phase known as Mott Insulator.

Let's first consider the case without tunneling.

$$\hat{H}_{BK} \simeq \sum_j \hat{H}_j^{(0)}$$

$$\text{where } \hat{H}_j^{(0)} = \frac{U}{2} \hat{n}_j (\hat{n}_j - 1) - \mu \hat{n}_j$$

Very clearly the eigenstates of  $\hat{H}_j^{(0)}$  are Fock states  $|n\rangle$  with a definite atom number per site. These states have then an

$$\text{energy } E_n^{(0)} = \frac{U}{2} n(n-1) - \mu n$$

The ground state is given by the lowest energy:

$$\frac{dE_n^{(0)}}{dn} = \frac{U}{2} (2n-1) - \mu = 0 \rightarrow n = \frac{\mu}{U} + 1/2$$

Since  $n$  must be an integer  $\rightarrow n = \left[ \frac{\mu}{U} + 1/2 \right]$  ← this means the closest integer.

It's easy to see that for  $\mu/U < 0 \rightarrow n = 0$

and that for  $\bar{n}-1 < \mu/U < \bar{n} \rightarrow n = \bar{n}$

Hence in absence of tunneling the ground state is provided by a fixed number of atoms per site  $\bar{n}$ , where this number

changes at  $\mu/U = \bar{n}$  from  $\bar{n}$  to  $\bar{n}+1$  abruptly.

Note that within  $\bar{n}-1 < \mu/U < \bar{n}$  the number of atoms doesn't change  $\rightarrow \partial n / \partial \mu = 0 \rightarrow$  This means that this phase is actually incompressible.



\* let's see now what happens at finite tunneling.  
 We shall employ a mean-field formalism (based in a decoupling approximation introduced below). This treatment is rather OK in 2D and 3D, although ~~as~~ we shall mention below it isn't so good in 1D lattices.

\* Analogous to the discussion of the Bogoliubov approach of a BEC we introduce the superfluid order parameter

$$\psi = \langle a_i^\dagger \rangle = \langle a_i \rangle \quad [a_i = \psi + \delta a_i] \sim \text{fluctuations}$$

We will now find the conditions at which  $\psi \neq 0$  in the ground state. When  $\psi \neq 0$  the system will be in a superfluid phase.

\* We now perform a decoupling approximation for the tunneling part of the Hamiltonian:

$$\hat{H}_{\text{TUNNEL}} = -t \sum_{\vec{j}, \vec{\delta}} \hat{a}_{\vec{j}}^\dagger \hat{a}_{\vec{j}+\vec{\delta}} \quad \text{here's the decoupling!}$$

$$\hat{a}_{\vec{j}}^\dagger \hat{a}_{\vec{j}+\vec{\delta}} = [\psi + \delta \hat{a}_{\vec{j}}^\dagger] [\psi + \delta \hat{a}_{\vec{j}+\vec{\delta}}] \cong \psi^2 + \psi (\delta \hat{a}_{\vec{j}}^\dagger + \delta \hat{a}_{\vec{j}+\vec{\delta}})$$

$$= \psi^2 + \psi [\hat{a}_{\vec{j}}^\dagger - \psi + \hat{a}_{\vec{j}+\vec{\delta}} - \psi] = -\psi^2 + \psi (\hat{a}_{\vec{j}}^\dagger + \hat{a}_{\vec{j}+\vec{\delta}})$$

$$\text{Then } \hat{H}_{\text{TUNNEL}} = -t \sum_{\vec{j}} \sum_{\vec{\delta}} (-\psi^2 + \psi (\hat{a}_{\vec{j}}^\dagger + \hat{a}_{\vec{j}+\vec{\delta}}))$$

$$= zt \sum_{\vec{j}} [\psi^2 - \psi (\hat{a}_{\vec{j}}^\dagger + \hat{a}_{\vec{j}})]$$

where  $z$  is the so-called coordination number, i.e. the number of nearest neighbors ( $z=2$  in 1D,  $4$  in 2D,  $6$  in 3D for a cubic lattice).

\* We may then write the decoupled Hamiltonian

$$\frac{\hat{H}_{\text{BH}}}{zt} \cong \sum_{\vec{j}} \hat{H}_{\vec{j}}$$

where  $\hat{H}_j = \hat{H}_j^{(0)} + \hat{V}_j$

with  $\hat{H}_j^{(0)} = \frac{1}{2} \bar{U} \hat{n}_j (\hat{n}_j - 1) - \bar{\mu} \hat{n}_j + \psi^2$  with  $\begin{cases} \bar{U} = U/2 \\ \bar{\mu} = \mu/2 \end{cases}$

$\hat{V}_j = -\psi (\hat{a}_j^\dagger + \hat{a}_j)$

\* As for the case  $m\hbar\omega \neq 0$  the eigenstates of  $\hat{H}_j^{(0)}$  are Fock states. These Fock states have an energy

$E_n^{(0)} = \frac{\bar{U}}{2} n(n-1) - \bar{\mu} n + \psi^2$

\* We will consider  $\hat{V}$  as a perturbation of  $\hat{H}_0$  (I forget from now on the subscript  $j$ )

Clearly  $\hat{V} |n\rangle = -\psi [\sqrt{n+1} |n+1\rangle + \sqrt{n} |n-1\rangle]$

\* We are interested in the correction of the energy of the ground state  $|n\rangle$ , where  $n$  was introduced in p. (8). We clearly need to go to second-order perturbation theory:

$E_n^{(2)} = \sum_n \frac{\langle n | V | n \rangle \langle n | V | n \rangle}{E_n^0 - E_n^0}$

$= \psi^2 \left\{ \frac{\bar{n}+1}{E_n^0 - E_{n+1}^0} + \frac{\bar{n}}{E_n^0 - E_{n-1}^0} \right\}$

$= \psi^2 \left\{ \frac{\bar{n}+1}{\bar{\mu} - \bar{U}\bar{n}} + \frac{\bar{n}}{-\bar{\mu} + \bar{U}(\bar{n}-1)} \right\}$

$E_{n+1}^{(0)} = \frac{\bar{U}}{2} (n+1)\bar{n} - \bar{\mu}(n+1) + \psi^2 = \bar{U}\bar{n} - \bar{\mu} + E_n^0$

$E_{n-1}^{(0)} = -\bar{U}(\bar{n}-1) + \bar{\mu} + E_n^0$

Then, up to second order in  $\psi^2$ :

$E_n \approx \frac{\bar{U}}{2} \bar{n}(\bar{n}-1) - \bar{\mu}\bar{n} + \psi^2 \left\{ 1 + \frac{(\bar{n}+1)}{\bar{\mu} - \bar{U}\bar{n}} + \frac{\bar{n}}{\bar{U}(\bar{n}-1) - \bar{\mu}} \right\}$

$= E_n(\psi=0) + r_n \psi^2 + \mathcal{O}(\psi^4)$

where  $r_n = 1 + \frac{\bar{n}+1}{\bar{\mu} - \bar{U}\bar{n}} + \frac{\bar{n}}{\bar{U}(\bar{n}-1) - \bar{\mu}}$

\* Clearly  $\psi \neq 0$  minimizes the energy only if  $\bar{n} < 0$  whereas  $\psi = 0$  would do the job for  $\bar{n} > 0$

(Note: this is the usual Landau procedure for 2<sup>nd</sup> order phase transitions)

\* Then for  $\bar{n} < 0$  the system will be in a superfluid phase until  $\psi \neq 0$ . The separatrix between  $\psi \neq 0$  and  $\psi = 0$  is hence at

$$0 = \bar{\mu} = 1 + \frac{\bar{n} + 1}{\bar{n} - \bar{U}\bar{n}} + \frac{\bar{n}}{\bar{U}(\bar{n} - 1) - \bar{\mu}}$$

$$\Rightarrow \mu^2 + \mu [\bar{U}(1 - 2\bar{n}) + 1] + \bar{U}^2 \bar{n}(\bar{n} - 1) + \bar{U} = 0$$

$$\bar{\mu}_{\pm} = \frac{1}{2} [\bar{U}(2\bar{n} - 1) - 1] \pm \frac{1}{2} \sqrt{\bar{U}^2 - 2\bar{U}(1 + 2\bar{n}) + 1}$$

Coming back to the original units

$$\mu_{\pm} = \frac{1}{z} [U(2\bar{n} - 1) - zt] \pm \frac{1}{z} \sqrt{U^2 - 2Uzt(1 + 2\bar{n}) + (zt)^2}$$

To compare with the  $t=0$  case it's perhaps better to make the discussion in units of  $U$ :

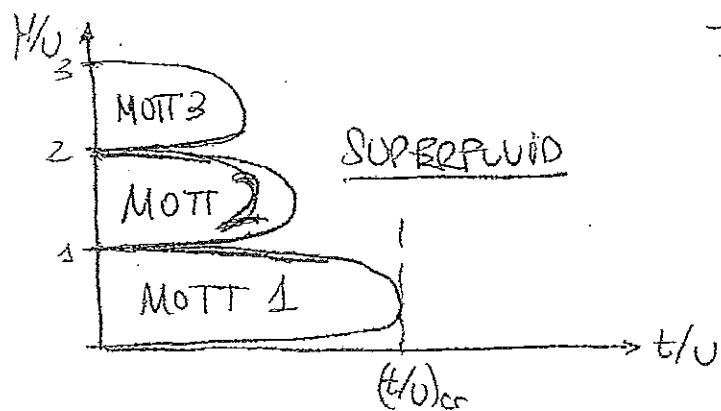
$$\boxed{\frac{\mu_{\pm}}{U} = \frac{1}{2} \left[ (2\bar{n} - 1) - \frac{zt}{U} \right] \pm \frac{1}{2} \sqrt{1 - 2\frac{zt}{U}(1 + 2\bar{n}) + \left(\frac{zt}{U}\right)^2}}$$

Note that for  $t=0$

$$\frac{\mu_{\pm}}{U} = \bar{n} - 1/2 \pm 1/2 \begin{matrix} \nearrow \bar{n} \\ \searrow \bar{n} - 1 \end{matrix} \rightarrow \bar{n} - 1 \leq \frac{\mu_{\pm}}{U} \leq \bar{n}$$

hence for  $t=0$  we have no superfluid phase but just the Mott-insulator phase with a fix  $\bar{n}$  number we saw before  
 $\Rightarrow$  MOTT-INSULATOR PHASE

\* For given  $t/U$  one obtains a phase diagram of the form: (12)



The boundaries of the Mott-insulator phases (with fixed  $\bar{n}$ ) are given by the expressions of  $\frac{\mu_{\pm}}{U}(t/U)$  calculated before.

\* By imposing  $\mu_{+} = \mu_{-}$  we may calculate the  $t/U$  of the lobes of the previous graph.

$$\mu_{+} = \mu_{-} \quad \text{for} \quad \sigma^2 - 2\sigma(1+2\bar{n}) + 1 = 0$$

$$\text{This gives} \quad \frac{U}{z+1} = (1+2\bar{n}) + \sqrt{(1+2\bar{n})^2 - 1}$$

$$\text{For } \bar{n} = 1 \text{ one gets } \left(\frac{U}{z+1}\right)_{\text{critic}} \approx 5.83$$

\* This critical value for the Mott-insulator to superfluid transition is reasonably well described by this mean field approximation.

In 1D there are strong deviations ( $\left(\frac{U}{z+1}\right)_{\text{critic}} = 3.84$ , hence much lower than the mean-field result).

\* We have hence seen that the phase diagram is characterized by a peculiar lobe structure. Let's try now to get a quick understanding of the physics behind this structure.

\* let's consider the case of unit filling, i.e. the number of atoms (N) is precisely equal to the number of sites (M). In the limit of deep optical lattices ( $V_0 \rightarrow \infty$ ) there isn't hopping ( $t=0$ ) and the ground state is a product state of Fock states of  $\bar{n}=1$  per site

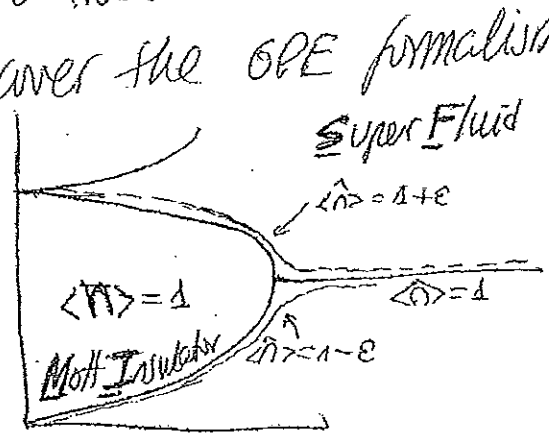
$$|\psi\rangle = \prod_{f=1}^M |\bar{n}=1\rangle_f$$

When  $V_0$  decreases the atoms start to hop around, which necessarily involves double occupancy, increasing the energy by  $U$ . Now as long as the gain  $t$  in kinetic energy due to the hopping is sufficiently smaller than  $U$ , the atoms remain localized, although the ground state of the system is not any more the product state above.

Once  $t/U$  becomes large-enough, the gain in kinetic energy outweighs the repulsion due to the double occupancies and the atom will delocalize over the whole lattice (superfluid phase). In the limit  $t \gg U$  the ground state of the system becomes

$$|\psi\rangle = \left( \frac{1}{\sqrt{M}} \sum_{\vec{r}=1}^M \hat{a}_{\vec{r}}^\dagger \right)^{\otimes N} |\text{vacuum}\rangle$$

So when  $U \rightarrow 0$  we recover a BEC with all atoms in the zero-momentum state (as we assumed in p. (5)), i.e. we recover the GPE formalism.



\* Up to now we have considered a filling one, and hence always  $\langle \bar{n} \rangle = 1$  for both MI and SF regimes.  
\* let's consider now what happens for a filling  $\langle \bar{n} \rangle = 1 + \epsilon$  slightly larger than 1.

• For large  $t/U$  the ground state has all atoms delocalized over all the lattice and the situation is indistinguishable from that of  $\langle \hat{n} \rangle = 1$ . However when  $t/U$  lowers, the line of constant density  $\langle \hat{n} \rangle = 1 + \epsilon$  cannot enter the Mott phase. For any non-integer filling, the ground state remains superfluid as long as the atoms can hop at all, i.e. all the way till  $t=0$ .

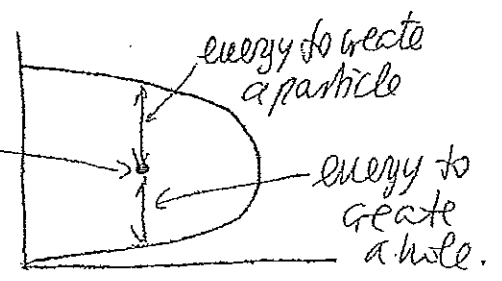
In other words, even for  $t \ll U$  there's a small fraction of atoms (on top of a "frozen" Mott-insulator with  $\bar{n}=1$ ) that remain superfluid. Indeed this fraction can still gain kinetic energy by delocalizing over the whole lattice without being blocked by  $U$  because 2 extra particles are never at the same site.

• You can easily see that the same is true for  $\langle \hat{n} \rangle = 1 - \epsilon$  but now with holes instead than particles.

• From the previous discussion you can understand two crucial (and related) features of the Mott-insulator phase

• As mentioned above, inside of the Mott-lobe  $\langle \hat{n} \rangle$  is constant. In particular  $\frac{\partial \langle \hat{n} \rangle}{\partial \mu} = 0$  inside the lobe. This is a quite remarkable property  $\rightarrow$  incompressibility.

• The lowest-lying excitations on top of the Mott-insulator that conserve particle number must be particle-hole like. But from the previous discussion, you see that if the system is inside the MI lobe



\* Then, inside the Mott-insulator phase, there's a gap (given by the width of the lobe) to the lowest-lying excitations. Hence the Mott-insulator is a gapped phase. (15)

Note: in our previous mean-field calculation

$$E_{\text{gap}}(\bar{n}) = U \sqrt{1 - 2 \frac{zt}{U} (1 + 2\bar{n}) + \left(\frac{zt}{U}\right)^2}$$

For  $t/U \rightarrow 0$ ,  $E_{\text{gap}} \rightarrow U$

$(t/U) \rightarrow (t/U)_{\text{cr}}$ ,  $E_{\text{gap}} \rightarrow 0$

Note that close to  $(t/U)_{\text{cr}} \rightarrow (t/U) = (t/U)_{\text{cr}} (d - \epsilon)$

$$E_{\text{gap}}(\epsilon) = \left[ \frac{2zt}{U} (1 + 2\bar{n}) - 2 \left(\frac{zt}{U}\right)_{\text{cr}}^2 \right]^{1/2} \sqrt{\epsilon} \sim \epsilon^{1/2}$$

i.e. the gap opens with a critical exponent  $1/2$ . This is typical of mean field theories, and gives the rounded form of the lobe tips.

For 1D systems the "lobes" are actually "spiky", more like this



\* Up to now in our discussions we have not taken into account an overall harmonic confinement on top of the lattice, as it is actually the case experimentally. This extra potential is actually very important. Probably you have already noticed that the Mott-insulator demands an exact filling factor  $\pm$ , i.e. as many atoms as sites. You have probably thought that this must be quite hard in practice, and (in absence of an overall harmonic confinement) you would be certainly right!

\* let's see why an overall potential helps us in this sense. An harmonic confinement leads to an extra term

$$\sum_j \epsilon_j a_j^\dagger a_j$$

in the Bose-Hubbard Hamiltonian of p. (7), where  $\epsilon_j = \frac{1}{2} m \omega^2 d^2 |j|^2$  (we consider an isotropic oscillator)

\* Then, whereas in p. (7) we had the same chemical potential  $\mu$  at every site, now we have a local chemical potential

$$\mu \longrightarrow \mu_j = \mu_0 - \frac{m \omega^2 d^2}{2} |j|^2$$

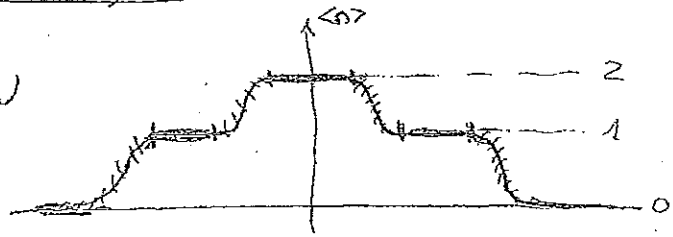
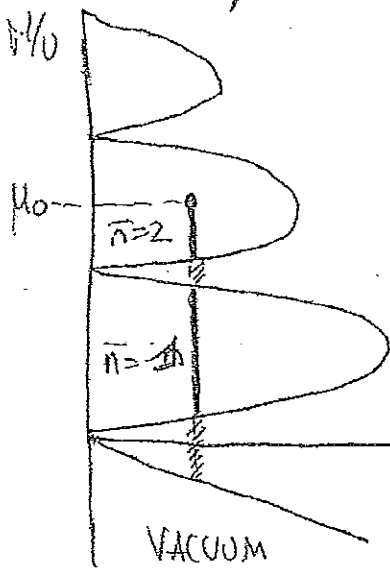
where  $\mu_0 \equiv$  chemical potential at the center.

\* It's very easy to see what happens if we employ the so-called local density approximation, i.e. we assume that locally we can assume an homogeneous system with the local



chemical potential. We can then simply read out the (17) spatial dependence of the forces by looking

in the  $(\mu_0) - (t/v)$  diagram which phase corresponds to the local chemical potential at each point. This gives a typical "wedding cake" structure



\* Note that the local chemical potential allows now for regions with an exact  $\langle n \rangle = 1$ , circumventing the problem we spotted before.

\* The Mott-insulator to superfluid transition was experimentally observed in cold atoms in optical lattices by Greiner et al. in 2002. (M. Greiner et al., Nature 415, 39 (2002)) In that experiment, they probe the Mott-insulator - Superfluid transition in two ways:

1) The trapping potential was suddenly switched-off. As mentioned in p. 3 in the superfluid phase (where coherence is large) nice interference fringes were observed. However when  $V_0$  surpassed a given value, the interference fringes are washed out and one sees an incoherent Gaussian-like background (indicating the onset of the insulating regime).

2) In that experiment they measured as well the excitation gap. They did it in a very clever way. In the MI regime they tilted the lattice, ~~and~~ then went back quickly to the SF regime, and then expand. If the tilting was large enough, excitations are produced in the MI, that are translated after the quench into the SF regime, and result in a peak broadening in the interference pattern. Hence by measurement the peak broadening as a function of the tilting they were able to probe the gap.

• More recent experiments have allowed for a direct probing of the wedding-cake structure (Bloch's group and Dethlefsen's group, 2006)

using spatially-selective microwave transitions and spin-changing collisions [Fölling et al., PRL 97, 060403 (2006)]

using microwave Spectroscopy [Campbell et al., Science 313, 649 (2006)]

• Even more recently, the Bloch shells have been observed by M. Greiner's group [Science 329, 544 (2010)] and I. Bloch's group [Stresson et al., Nature 467, 68 (2010)] by means of single-atom-resolved fluorescence imaging.

(Note: What these experiments actually do is a parity measurement. This is because the fluorescence technique leads to photoabsorption, which blows particles in pairs. Hence 1, 3, 5, ... particles will be detected as 1 particle per site, whereas 0, 2, 4, ... will be detected as zero.

\* Parity order

As mentioned in p. 13, the ground state  $\prod_{i=1}^{N/2} |1\rangle_i$  is obviously not an eigenstate for  $t \neq 0$ . For any  $t \neq 0$  hopping induces doublon/holon fluctuations (i.e.  $(2,0)$  fluctuations).

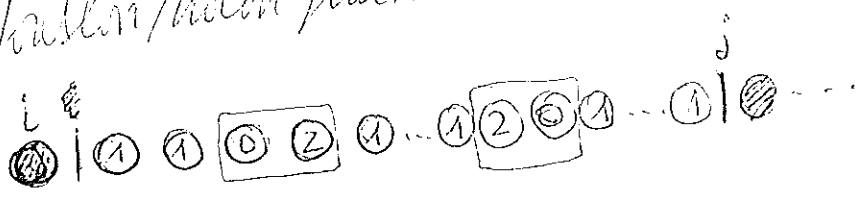
The appearance of correlated  $(2,0)$  pairs was revealed in recent experiments at J. Bloch's group in Geneva [Enders et al., Science 334, 200 (2011)].

Moreover, one may define a non-local correlation function:

$$O_p^2 = \lim_{|i-j| \rightarrow \infty} \langle (-1)^{\sum_{k=i}^{j-1} (n_k - 1)} \rangle \equiv \underline{\text{parity order}}$$

Suppose that one has the cartoonish state  $\prod_{i=1}^{N/2} |1\rangle_i$ , then obviously  $O_p^2 = 1$ . Let's see what happens when there are

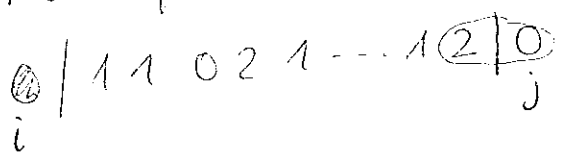
doublon/holon fluctuations:



Since doublons and holes come in pairs, then

$$\langle (-1)^{\sum_{k=i}^{j-1} (n_k - 1)} \rangle = 1$$

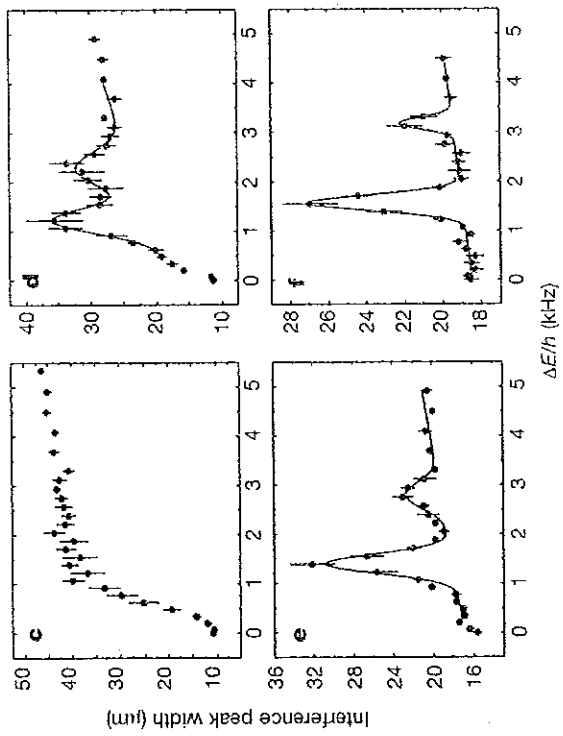
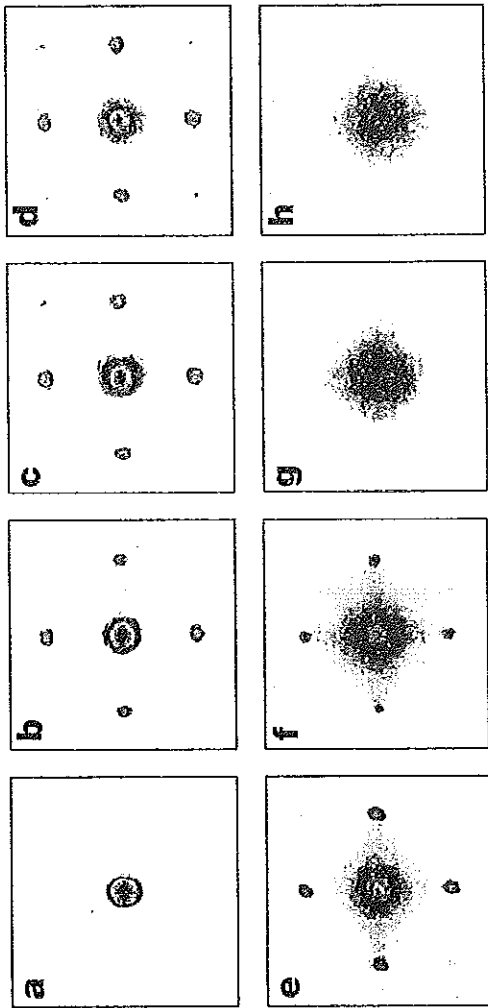
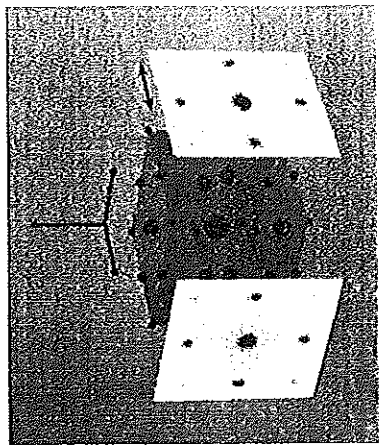
This is true, unless we cut a particle/hole pair at the border of the interval



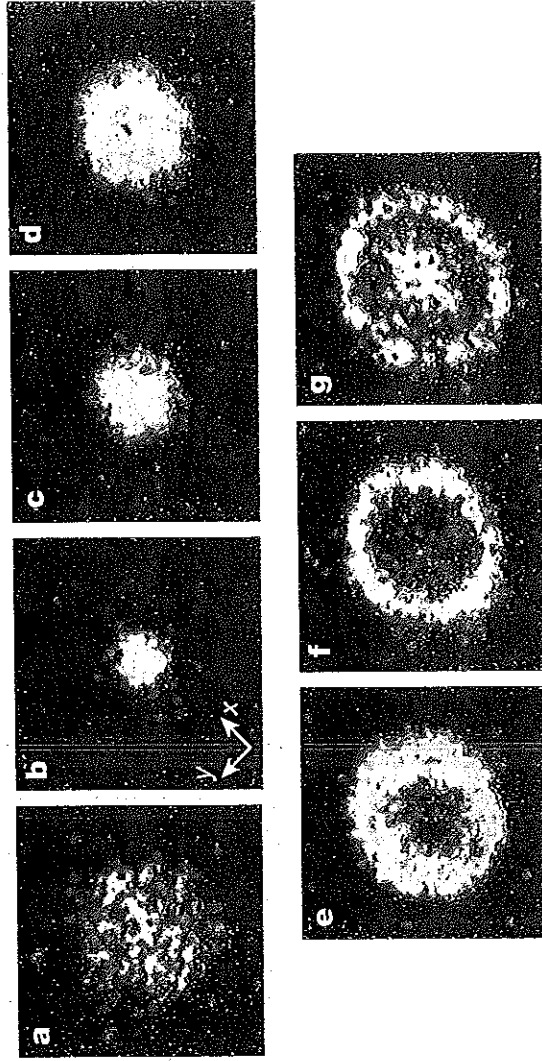
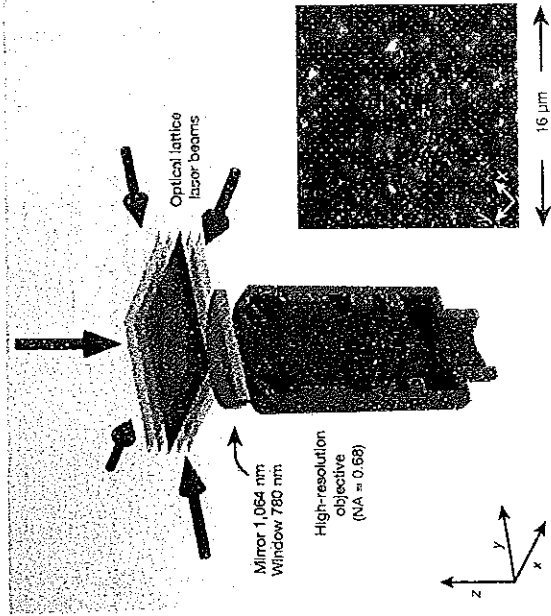
$$\rightarrow \text{in this case } \langle (-1)^{\sum_{k=i}^{j-1} (n_k - 1)} \rangle = -1$$

This means that  $O_p^2 < 1$  due to the doublon/holon pairs. Deep in the Mott insulator the number of pairs is very small and hence  $O_p^2 \approx 1$ . However when  $t/u$  increases  $O_p^2$  decreases within the MI phase. This was also observed by Enders et al.

# Superfluid-to-Mott insulator transition [Greiner et al., Nature 415, 39 (2002)]



# Mott shells [Sherson et al., Nature 467, 68 (2010)]



# Doublon/holon pairs [Endres et al., Nature 467, 68 (2010)]

