

THE WEAKLY-INTERACTING BOSE GAS: UNIFORM CASE

Let's consider a dilute Bose gas in which the average interparticle distance  $d = 1/n^{1/3} \gg r_0 \equiv$  range of the interaction. Hence we can limit ourselves to binary collisions (since 3-body processes are safely negligible), as we mentioned already in p. 86.

The distance  $d$  is large enough to use the asymptotic expressions for the scattering. Since we will deal with very low energies  $Kr_0 \ll 1$  this means that only the s-wave scattering will be of relevance.

In the following we will always consider the deuterium condition

$$n|a|^3 \ll 1$$

The Hamiltonian describing a weakly-interacting Bose gas in free space is given by

$$\hat{H} = \int d^3r \frac{\hbar^2}{2m} \nabla \hat{\psi}^\dagger(\vec{r}) \cdot \nabla \hat{\psi}(\vec{r}) + \frac{1}{2} \int d^3r \int d^3r' \hat{\psi}^\dagger(\vec{r}) \hat{\psi}^\dagger(\vec{r}') V(\vec{r}' - \vec{r}) \hat{\psi}(\vec{r}) \hat{\psi}(\vec{r}')$$

For a uniform gas occupying a volume  $V$  the field operators are

$$\hat{\psi}(\vec{r}) = \sum_{\vec{p}} \hat{a}_{\vec{p}} \frac{e^{i\vec{p}\cdot\vec{r}/\hbar}}{\sqrt{V}}$$

$\hat{a}_{\vec{p}}$  = annihilates a particle with momentum  $\vec{p}$ .

Then:

$$\hat{H} = \sum_{\vec{p}} \frac{p^2}{2m} \hat{a}_{\vec{p}}^\dagger \hat{a}_{\vec{p}} + \frac{1}{2V} \sum_{\vec{p}, \vec{p}', \vec{q}} V_{\vec{q}} \hat{a}_{\vec{p}+\vec{q}}^\dagger \hat{a}_{\vec{p}'-\vec{q}}^\dagger \hat{a}_{\vec{p}'} \hat{a}_{\vec{p}}$$

where  $V_{\vec{q}} = \int V(\vec{r}) e^{-i\vec{q}\cdot\vec{r}/\hbar} d^3r$

Since only small momenta contribute, then we just take  $V_{\vec{q}} \approx V_0$

$$V_0 = \int_{\text{eff}} V(\vec{r}) d^3r$$

Hence:

$$\hat{H} = \sum_p \frac{p^2}{2m} \hat{a}_p^\dagger \hat{a}_p + \frac{1}{2V} \sum_{p, q} \hat{a}_{p+q}^\dagger \hat{a}_{p-q} \hat{a}_p \hat{a}_q$$

For  $T \ll T_c$ , the lowest eigenstate ( $\vec{p}=0$ ) is macroscopically populated. Hence we will perform the so-called Bose-Einstein approximation

approximation  $\hat{a}_0, \hat{a}_0^\dagger \simeq \sqrt{N_0}$

Note: This approximation demands BEC in a given state. Remember our caveat of p. 76-81 about systems without BEC!

(Note II: More about the bog approx. later in p. 107)

In a first approximation we can neglect all  $\hat{a}_{\vec{p} \neq 0}$ , and we can assume  $N_0 \simeq N$ , and we can also assume  $V_0 \simeq \frac{4\pi\hbar^2 a}{m} \equiv g$

Then  $E_0 = \frac{1}{2V} N^2 g \leftarrow$  ground-state energy in first approximation.

Hence  $E_0 = \frac{1}{2} N g n$

The chemical potential  $\mu \equiv \frac{\partial E_0}{\partial N} = g n$

Note that for the non-interacting gas  $\mu$  was zero for  $T < T_c$ .

Up to now we have just considered  $\hat{a}_0$  and  $\hat{a}_0^\dagger$ . Terms with only one particle operator with  $\vec{p} \neq 0$  don't enter due to momentum conservation. One may return all quadratic terms in the particle operators with  $p \neq 0$  to obtain (I skip some details of the derivation here):

$$\hat{H} = \text{constant} + \sum_p \left\{ \frac{p^2}{2m} \hat{a}_p^\dagger \hat{a}_p + \frac{1}{2} g n (2 \hat{a}_p^\dagger \hat{a}_p + \hat{a}_p^\dagger \hat{a}_{-p}^\dagger + \hat{a}_p \hat{a}_p) \right\}$$

Note that now in addition to the more familiar terms  $\hat{a}_p^\dagger \hat{a}_p$  we have some "strange" terms  $\hat{a}_p \hat{a}_p$  and  $\hat{a}_p^\dagger \hat{a}_{-p}^\dagger$ .

\* This Hamiltonian can be diagonalized by means of a so-called

Bogoliubov transformation

$$\hat{a}_p = u_p \hat{b}_p + v_{-p}^* \hat{b}_{-p}^\dagger$$

$$\hat{a}_{-p}^\dagger = u_p^* \hat{b}_p^\dagger + v_{-p} \hat{b}_p$$

(Note: This is a general procedure appearing in many physical problems. It's just a diagonalization.)

This transformation introduces a new set of operators  $\hat{b}_p$  and  $\hat{b}_p^\dagger$  to which we impose bosonic commutation rules

$$[\hat{b}_p, \hat{b}_{p'}^\dagger] = \delta_{pp'} \longrightarrow \text{since } [a_p, a_{p'}^\dagger] = \delta_{pp'} \text{ this imposes the condition } |u_p|^2 - |v_{-p}|^2 = 1$$

Just few words about the new operators  $\hat{b}_p$  and  $\hat{b}_p^\dagger$ . They are annihilation and creation operators, but clearly they don't annihilate or create particles. They are excitations, and we will see in a moment what is the energy of these excitations but we cannot associate these excitations to individual excited particles, but rather to "quasiparticles".

\* OK, let's come back to  $|u_p|^2 - |v_{-p}|^2 = 1$ . Remember that for the hyperbolic functions  $\cosh^2 \alpha - \sinh^2 \alpha = 1$ . Hence we can assign:

$$u_p = \cosh \alpha_p$$

$$v_{-p} = \sinh \alpha_p$$

If now we substitute the Bogoliubov transformation into  $\hat{H}$  we find something like:

$$\hat{H} = \text{constant} + \sum_p \left\{ A(p) \hat{b}_p^\dagger \hat{b}_p + B(p) [\hat{b}_p^\dagger \hat{b}_{-p}^\dagger + \hat{b}_p \hat{b}_{-p}] \right\}$$

$$\text{where } B(p) = \frac{gn}{2} [|u_p|^2 + |v_{-p}|^2] + \left(\frac{p^2}{2m} + gn\right) u_p v_{-p}$$
$$= \frac{gn}{2} \cosh 2\alpha_p + \frac{1}{2} \left(\frac{p^2}{2m} + gn\right) \sinh 2\alpha_p$$

We impose  $B_p = 0$ , and this gives us

$$\coth 2\alpha_p = - \left[ \frac{p^2/2m + gn}{gn} \right]$$

$$u_p, v_{-p} = \pm \left[ \left( \frac{p^2/2m + gn}{2\epsilon(p)} \right) \pm \frac{1}{2} \right]^{1/2}$$

and finally

$$\hat{H} = \text{CONSTANT} + \sum_p \epsilon(p) \hat{b}_p^\dagger \hat{b}_p$$

where  $\epsilon(p) = \left[ \frac{gn}{m} p^2 + \left( \frac{p^2}{2m} \right)^2 \right]^{1/2} \rightarrow$  Bogoliubov Spectrum

Note that the original system of independent particles can be described by independent quasiparticles of energy  $\epsilon(p)$ . This is a very important result with far-reaching consequences as we will see very soon.

The constant in  $\hat{H}$  is the ground-state energy (i.e. in absence of quasiparticles carrying excitations) and it's of the form

$$E_0 = \frac{N}{2} gn \left[ 1 + \frac{128}{15\sqrt{\pi}} (na^3)^{1/2} \right]$$

Correction due to interactions: remember that  $na^3 \ll 1$

and hence

$$\mu = gn \left[ 1 + \frac{32}{3\sqrt{\pi}} (na^3)^{1/2} \right]$$

In the following we will try to understand the important physics behind the Bogoliubov spectrum.

\* THE BOGOLIUBOV SPECTRUM

\* We have just seen that the excited states of an interacting Bose gas can be described in terms of a gas of non-interacting quasiparticles with a dispersion law

$$E(p) = \left[ \left( \frac{p^2}{2m} \right)^2 + p^2 c_s^2 \right]^{1/2} \quad \text{where } c_s = \left( \frac{gn}{m} \right)^{1/2}$$

\* For small momenta  $p \ll mc_s$ , we can approximate

$$E(p) \approx c_s p$$

this is the same <sup>linear</sup> dispersion law that you have for example ~~for~~ for photons (remember that for a photon  $\omega = kc \rightarrow \hbar\omega = \hbar kc \Rightarrow E = pc$ ). It's also the dispersion law that one has for phonons (remember that a phonon is the collective excitation of a crystalline structure).

For phonons  $E = c_s p$  where  $c_s$  is the sound velocity. Phonons are nothing else than sound waves.

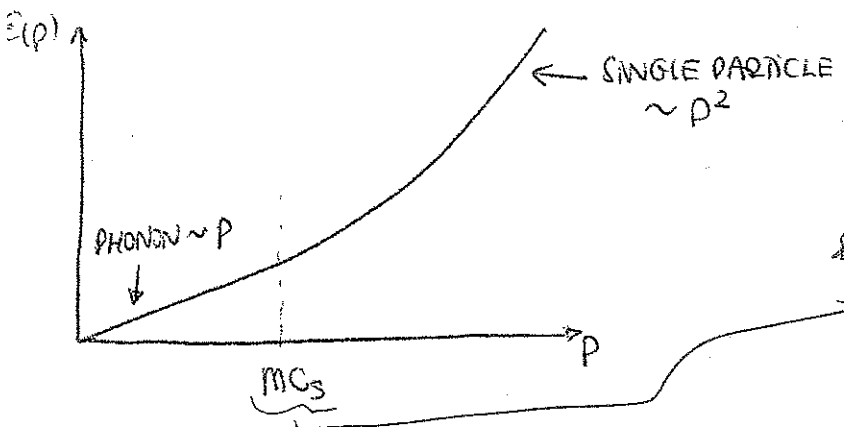
Then small momenta (long wave length) excitations are sound waves.

\* For large momenta  $p \gg mc_s$

$$E(p) \approx \frac{p^2}{2m} + mc_s^2$$

and we recover the typical dispersion law of a massive particle, i.e. the typical kinetic energy we all know. This is the so-called single-particle part of the spectrum.

The transition between the phonon and the single-particle regime occurs for  $p \sim mc_s$ .



For  $E \sim \mu$  we have the rough border between the 2 behaviors.

By setting  $p^2/2m = g^2$  with  $p = \hbar/g$  we can define a characteristic length

$$\xi = \sqrt{\frac{\hbar^2}{2mg^2}} = \frac{1}{\sqrt{2}} \frac{\hbar}{mc_s}$$

→ This is the so-called healing-length. This is an important length scale as we will see in the future.

\* Just a final remark concerning the excitations we just discussed. Remember that we are dealing here with quasiparticles and not with particles. This is particularly clear from the following brief discussion. Since the quasiparticles are bosons of energy  $E(p)$  we can easily write the occupation number

$$N_p = \langle \hat{b}_p^\dagger \hat{b}_p \rangle = \frac{1}{e^{\beta E(p)} - 1}$$

(we set  $\mu=0$  because we deal here with an ideal gas of quasiparticles)

By means of the Bogoliubov transform we can calculate  $N_p = \langle \hat{a}_p^\dagger \hat{a}_p \rangle$  i.e. the particle occupation number:

$$N_p = \langle \hat{a}_p^\dagger \hat{a}_p \rangle = |U_p|^2 + |V_p|^2 \langle \hat{b}_p^\dagger \hat{b}_p \rangle + |U_{-p}|^2 \langle \hat{b}_{-p}^\dagger \hat{b}_{-p} \rangle \quad \left( \begin{array}{l} \text{we deduce} \\ \text{for } p \neq 0 \end{array} \right)$$

The number of condensed atoms is hence

$$N_0 = N - \sum_{p \neq 0} N_p = \left[ N - \sum_{p \neq 0} |U_{-p}|^2 \right] - \sum_{p \neq 0} (|U_p|^2 \langle \hat{b}_p^\dagger \hat{b}_p \rangle + |U_{-p}|^2 \langle \hat{b}_{-p}^\dagger \hat{b}_{-p} \rangle)$$

At absolute zero,  $\langle \hat{b}_p^\dagger \hat{b}_p \rangle = 0$  for  $p \neq 0$ . However the interactions lead to a depletion of the condensate:

$$N_0 \xrightarrow{T \rightarrow 0} N - \sum_{p \neq 0} 10 \cdot p^2$$

Even at  $T=0$  not all particles are in the condensate!  
 (Note: This is different for the ideal gas, where we had  $N_0/N=1$  at  $T=0$ )

This is the so-called quantum depletion.

A proper calculation yields for a uniform gas at  $T=0$ :

$$n_0 = \frac{N_0}{V} = n \left[ 1 - \frac{8}{3\sqrt{\pi}} (na^3)^{1/2} \right]$$

Note that for  $na^3 \ll 1 \rightarrow n_{0,T=0} \approx n$  as we had before.

But when the interaction increases (i.e. at a Feshbach resonance) the depletion of the condensate is larger and larger.

For sufficiently large interactions we cannot talk anymore of a condensate and we enter into the strongly-interacting regime where we have to employ a rather different (and more involved) theory.

The Bogoliubov spectrum will play a crucial role in our discussion of superfluidity, as we will see later on.

## NON-UNIFORM BOSE GASES AT ZERO TEMPERATURE

### THE ORDER PARAMETER. BOGOLIUBOV APPROXIMATIONS

Let's recall our discussion about the off-diagonal long-range order (p. 80)

Remember that we defined the density matrix as

$$\rho(\vec{r}, \vec{r}') = \langle \hat{\psi}^\dagger(\vec{r}) \hat{\psi}(\vec{r}') \rangle$$

We can always diagonalize this matrix (also for interacting systems)

to get 
$$\rho(\vec{r}, \vec{r}') = \sum_i n_i \phi_i^*(\vec{r}) \phi_i(\vec{r}')$$

where  $n_i$  are the eigenvalues and  $\phi_i(\vec{r})$  the eigenfunctions.

We can use these eigenfunctions to write the field operator  $\hat{\psi}(\vec{r})$

in the form 
$$\hat{\psi}(\vec{r}) = \sum_i \phi_i(\vec{r}) \hat{a}_i$$

where  $\hat{a}_i$  ( $\hat{a}_i^\dagger$ ) are the annihilation (creation) operators of a particle in the state  $\phi_i$ , and which obey the usual bosonic commutation relations  $[\hat{a}_i, \hat{a}_j^\dagger] = \delta_{ij}$ ,  $[\hat{a}_i, \hat{a}_j] = [\hat{a}_i^\dagger, \hat{a}_j^\dagger] = 0$

Hence 
$$\rho(\vec{r}, \vec{r}') = \sum_{i,j} \phi_i^*(\vec{r}) \phi_j(\vec{r}') \langle \hat{a}_i^\dagger \hat{a}_j \rangle \Rightarrow \langle \hat{a}_i^\dagger \hat{a}_j \rangle = \delta_{ij} n_i$$

Remember that for  $T < T_c$ , there is a macroscopically large eigenvalue  $n_0 = N_0$  (which remember was the off-diagonal long-range order). Hence the corresponding wavefunction  $\phi_0(\vec{r})$  plays a crucial role in the BEC theory, being the so-called condensate wave function.



Hence: 
$$\hat{\psi}(\vec{r}) = \hat{a}_0 + \sum_{i \neq 0} \varphi_i(\vec{r}) \hat{a}_i$$

(actually we have seen it already in a previous discussion in p. 100)

Now we will perform a rather crucial approximation, known as the Bogoliubov approximation, which consists on replacing  $\hat{a}_0, \hat{a}_0^\dagger \longrightarrow \sqrt{N_0}$  which is a c-number.

Note that by doing this we are forgetting the non-commutativity of the operators. Why? Well, because  $[\hat{a}_0, \hat{a}_0^\dagger] = 1$ , but since  $\langle \hat{a}_0^\dagger \hat{a}_0 \rangle = N_0 \gg 1$ , this means that  $\hat{a}_0$  and  $\hat{a}_0^\dagger$  are of the order of  $\sqrt{N_0} \gg 1$ . Hence, we can neglect the operator character.

As a consequence, we can re-write the field operator in the form:

$$\hat{\psi}(\vec{r}) \cong \psi_0(\vec{r}) + \delta\hat{\psi}(\vec{r})$$

where  $\psi_0(\vec{r}) = \sqrt{N_0} \varphi_0(\vec{r}) \longleftarrow$  condensed part (c-number)  
 $\delta\hat{\psi}(\vec{r}) = \sum_{i \neq 0} \varphi_i(\vec{r}) \hat{a}_i \longleftarrow$  non-condensed part (operator)

At very low temperatures we can forget the non-condensed part and hence  $\hat{\psi}(\vec{r}) \cong \psi_0(\vec{r})$

Note: this is equivalent to what we do in quantum optics when substituting the quantum fields by the classical electromagnetic field, for fields with large photon occupation.

The function  $\psi_0(\vec{r})$  is called the condensate wavefunction and clearly plays the role of an order parameter characterizing the BEC phase, since it vanishes for  $T > T_c$ .

\* The function  $\psi_0(\vec{r})$  is a complex quantity

$$\psi_0(\vec{r}) = |\psi_0(\vec{r})| e^{iS(\vec{r})} \rightarrow \text{phase}$$

$|\psi_0(\vec{r})|^2 \rightarrow$  density distribution of the condensate

The phase  $S(\vec{r})$  is quite important as we will see later in these lectures

(Note:  $\psi_0$  is defined up to a phase factor  $e^{i\alpha}$  without changing the physics. This (so-called gauge) symmetry is broken when choosing a particular phase of the BEC, i.e. there's a spontaneous symmetry breaking here.)

\* Just a final point before leaving our discussion on the order parameter one can interpret

$$\psi_0(\vec{r}) = \langle \hat{\psi}(\vec{r}) \rangle$$

but  $\langle \hat{\psi}(\vec{r}) \rangle$  means here  $\langle N-1 | \hat{\psi} | N \rangle$  because  $\hat{\psi}(\vec{r}) \equiv \hat{p}_0(\vec{r}) \hat{a}_0$  (i.e. it destroys one particle). But the states  $|N\rangle$  and  $|N-1\rangle$  are physically equivalent up to corrections of the order  $1/N_0 \ll 1$ .

Let  $|N\rangle$  be ~~the~~ stationary state for  $N$  particles

$$\text{then } |N\rangle(t) = |N\rangle(0) e^{-iE(N)t/\hbar}$$

$$\text{Hence } \psi_0(\vec{r}, t) = e^{-i[E(N) - E(N-1)]t/\hbar} \psi_0(\vec{r}, 0)$$

The chemical potential is defined as the change of the energy if the system when adding a particle  $\rightarrow \mu = \frac{\partial E}{\partial N} \approx E(N) - E(N-1)$

$$\text{Hence } \boxed{\psi_0(\vec{r}, t) = e^{-i\mu t/\hbar} \psi_0(\vec{r})}$$

$\int \rightarrow$  The chemical potential  $\mu$  is, as we will see, a crucial parameter here.

(Note: the ~~evolution~~ of the  $\psi_0$  is not given by the energy but by the chemical potential)

• THE GROSS-PITAEVSKII EQUATION (GPE)

• Remember that the Hamiltonian describing a weakly-interacting Bose gas is given by:

$$\hat{H} = \int d^3r \psi^\dagger(\vec{r}) \left[ \frac{-\hbar^2}{2m} \nabla^2 + V_{\text{ext}}(\vec{r}, t) \right] \psi(\vec{r}) + \frac{1}{2} \int d^3r \int d^3r' \psi^\dagger(\vec{r}) \psi^\dagger(\vec{r}') \psi(\vec{r}') \psi(\vec{r}) V(\vec{r} - \vec{r}')$$

Note: the only difference with the Hamiltonian discussed in page 99 is that now we consider an external potential  $V_{\text{ext}}(\vec{r})$ . This is e.g. the trapping potential

In the Heisenberg representation the operator  $\psi(\vec{r}, t)$  fulfills the equation:

$$i\hbar \frac{\partial}{\partial t} \psi(\vec{r}, t) = [\psi(\vec{r}, t), \hat{H}] = \left[ \frac{-\hbar^2}{2m} \nabla^2 + V_{\text{ext}}(\vec{r}, t) + \int d^3r' \psi^\dagger(\vec{r}', t) V(\vec{r}' - \vec{r}) \psi(\vec{r}', t) \right] \psi(\vec{r}, t)$$

using the commutation rules  
 $[\psi(\vec{r}), \psi^\dagger(\vec{r}')] = \delta(\vec{r} - \vec{r}')$

• Doing the Bogoliubov approximation:  $\psi(\vec{r}, t) \rightarrow \psi_0(\vec{r}, t)$

We arrive to the Gross-Pitaevskii equation [assuming as in a previous discussion] that  $V(\vec{r}' - \vec{r}) \approx g \delta(\vec{r}' - \vec{r})$ :

$$i\hbar \frac{\partial}{\partial t} \psi_0(\vec{r}, t) = \left[ \frac{-\hbar^2}{2m} \nabla^2 + V_{\text{ext}}(\vec{r}, t) + g |\psi_0(\vec{r}, t)|^2 \right] \psi_0(\vec{r}, t)$$

This equation is the main theoretical tool for investigating non-uniform dilute Bose gases at low temperatures. This equation is a particular example of a nonlinear Schrödinger equation (similar to that appearing in nonlinear optics in Kerr media) and hence the BEC physics is inherently nonlinear. We will have a look to nonlinear phenomena later.

\* Note, that since the stationary solution fulfills

$$\psi_0(\vec{r}, t) = e^{-i\mu t/\hbar} \psi_0(\vec{r})$$

then the time-independent Schrödinger equation is of the form:

$$\mu \psi_0(\vec{r}) = \left[ \frac{-\hbar^2}{2m} \nabla^2 + V_{ext}(\vec{r}) + g |\psi_0(\vec{r})|^2 \right] \psi_0(\vec{r})$$

the value of the chemical potential  $\mu$  is fixed by the normalization condition

$$\int |\psi_0(\vec{r})|^2 d^3r = N$$

For a uniform system  $V_{ext}(\vec{r}) = 0$ ,  $|\psi_0(\vec{r})|^2 = n$  = density  
and hence  $\mu = gn$  as we already knew (p. 100)

### BEC IN A BOX POTENTIAL

In the following we consider a very simple but instructive problem, namely that of  $N$  interacting bosons (with  $g > 0 \rightarrow$  repulsive gas) confined in a box potential of the form

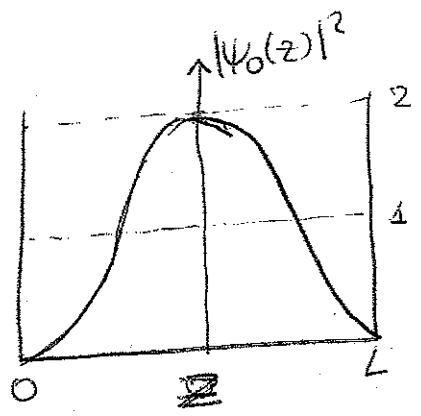
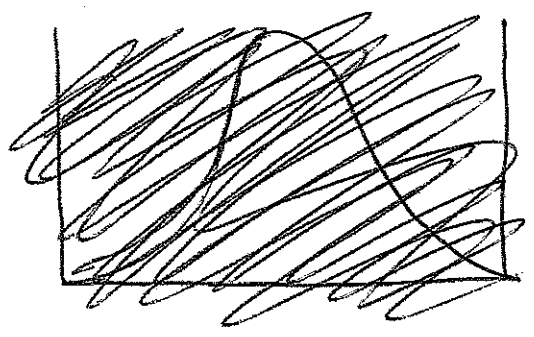
$$V_{ext}(z) = \begin{cases} 0 & 0 < z < L \\ \infty & \text{otherwise} \end{cases} \rightarrow \psi_0(0) = \psi_0(L) = 0$$

Hence, in absence of any interactions ( $g=0$ ), the GPE becomes an usual Schrödinger equation, and hence

$$\psi_0(\vec{r}) = \sqrt{2/n} \sin \frac{\pi}{L} z$$

$$\text{with } \bar{n} = \frac{N}{V}$$

$V \equiv$  volume of the box  
(we assume periodic boundary conditions in  $x$  and  $y$ )



Let's see what happens if the interactions are present.

Now the system is controlled by the GPE

$$\mu \psi_0(z) = \left[ -\frac{\hbar^2}{2m} \frac{d^2}{dz^2} + g |\psi_0(z)|^2 \right] \psi_0(z)$$

Since  $g > 0$ , the system minimizes the energy by making the density uniform in the interior of the box. Clearly the maximal density is minimized (and with it the interaction energy  $\propto |\psi_0|^2$ ) if we spread  $|\psi_0|$  as uniform as possible in the box. Only at the walls of the box something will happen, because obviously at the walls we have to fulfill  $|\psi_0|^2 = 0$ .

So except close to the walls we can consider a uniform density  $n$ .

Remember the definition of healing length associated with the density  $n$ :  $\xi = \sqrt{\frac{\hbar}{2mg n}}$

Let  $\tilde{\psi}_0(z) = \psi_0(z) / \sqrt{n}$ , hence (introducing  $\tilde{z} = z/\xi$ )

$$\mu \tilde{\psi}_0(z) = \left[ -\frac{\hbar^2}{2m\xi^2} \frac{d^2}{d\tilde{z}^2} + g n |\tilde{\psi}_0(z)|^2 \right] \tilde{\psi}_0(z)$$

Assuming that the box size  $L$  is much larger than the border region at which the density is different than  $n$ , we can then forget the border and approximate

$$\mu \approx g n = \frac{\hbar^2}{2m\xi^2}$$

Hence  $\tilde{\psi}_0(\tilde{z}) = -\frac{d^2}{d\tilde{z}^2} \tilde{\psi}_0(\tilde{z}) + \tilde{\psi}_0(\tilde{z})^3$

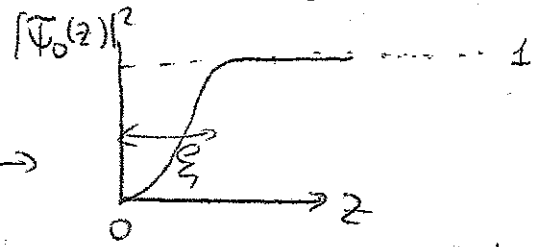
\* let's see what happens close to the border  $z=0$ .

At  $z=0 \rightarrow \Psi_0(z) = 0$

Out of the border region  $\rightarrow \Psi_0(z) \xrightarrow{z \gg \text{border}} 1$

This equation has an analytic solution, namely:

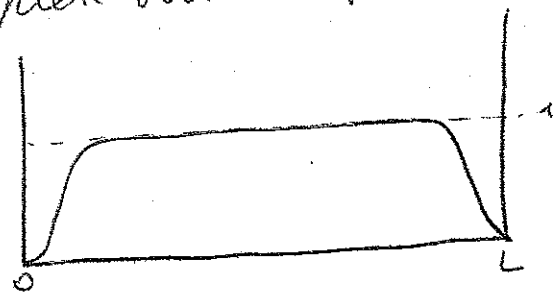
$\Psi_0(z) = \tanh(z/\xi)$



Hence  $\Psi_0(z) = \sqrt{n} \tanh(z/\xi)$

Then we can now identify the border region as an interval of the order of the healing length  $\xi$  (hence this calculation is ok for  $\xi \ll L$ )

the complete solution for the interacting BEC in the box looks



The healing length it is therefore a crucial length scale in the problem.

The physical meaning of the healing length becomes evident. It's the length scale at which a perturbation of the density (e.g. the border of the box wall) will die out into a uniform density (hence the name healing length).

Basically the healing length is the result of comparing the typical kinetic energy associated with a variation of the wavefunction in a length scale  $\xi \rightarrow \frac{\hbar^2}{2m\xi^2}$  and the chemical potential  $\mu = gn$  (the interaction energy).

Clearly when the interaction increase ( $g$  increases) then  $\xi$  decreases, and the border region becomes narrower. On the contrary when  $g$  decreases  $\xi$  becomes larger.

We have thus seen that the 2-body interactions can significantly modify the ground state profile of a BEC. We will see later what happens in an harmonic trap.

HYDRODYNAMIC EQUATIONS, THE THOMAS-FERMI LIMIT

Recall the GPE

$$i\hbar \frac{\partial}{\partial t} \psi_0(\vec{r}, t) = \left[ \frac{-\hbar^2 \nabla^2}{2m} + V_{ext}(\vec{r}) + g |\psi_0(\vec{r}, t)|^2 \right] \psi_0(\vec{r}, t)$$

remember that  $\psi_0(\vec{r}, t) = \sqrt{n(\vec{r}, t)} e^{iS(\vec{r}, t)}$

Let's multiply by  $\psi_0^*$

$$i\hbar \psi_0^* \frac{\partial}{\partial t} \psi_0 = \psi_0^* \left[ \frac{-\hbar^2 \nabla^2}{2m} \right] \psi_0 + V_{ext}(\vec{r}) |\psi_0|^2 + g |\psi_0|^4$$

Let's take the complex conjugate of this equation:

$$-i\hbar \psi_0 \frac{\partial}{\partial t} \psi_0^* = \psi_0 \left[ \frac{-\hbar^2 \nabla^2}{2m} \right] \psi_0^* + V_{ext}(\vec{r}) |\psi_0|^2 + g |\psi_0|^4$$

Let's subtract both equations

$$i\hbar \frac{\partial}{\partial t} n = \frac{-\hbar^2}{2m} [\psi_0^* \nabla^2 \psi_0 - \psi_0 \nabla^2 \psi_0^*] = \frac{-\hbar^2}{2m} \nabla [\psi_0^* \nabla \psi_0 - \psi_0 \nabla \psi_0^*]$$

$$\text{then } \frac{\partial}{\partial t} n = \frac{i\hbar}{2m} \nabla (\psi_0^* \nabla \psi_0 - \psi_0 \nabla \psi_0^*)$$

$$\text{Since } \psi_0 = n^{1/2} e^{iS} \rightarrow \nabla \psi_0 = \left[ \frac{1}{2} \nabla n + i n \nabla S \right] n^{1/2} e^{iS} = \left( \frac{\nabla n}{2} + i \nabla S \right) \psi_0$$

$$\text{Then } \psi_0^* \nabla \psi_0 - \psi_0 \nabla \psi_0^* = n \left[ \frac{\nabla n}{2} + i \nabla S - \frac{\nabla n}{2} + i \nabla S \right] = 2i n \nabla S$$

$$\text{Hence: } \frac{\partial n}{\partial t} = \frac{i\hbar}{2m} \nabla [2i n \nabla S] = -\nabla \left[ \frac{\hbar}{m} n \nabla S \right]$$

$$= -\nabla \vec{J}$$

\* Then  $\boxed{\frac{\partial n}{\partial t} + \nabla \cdot \vec{J} = 0}$

this has the form of a continuity equation, where  $J$  plays the role of a density current (recall the notion of current in quantum mechanics)

The physical meaning of this equation is that the number of particles are conserved by the equation (by the GPE).

\* The current is <sup>the</sup> number of atoms per surface area per second hence  $\boxed{\vec{v}_s = \frac{\hbar}{m} \nabla S}$  has units of velocity.

It's indeed the velocity of the condensate flow. Note

that  $\nabla \times \vec{v}_s = \frac{\hbar}{m} \nabla \times (\nabla S) = 0$ .

$\vec{v}_s$  is an example of a so-called irrotational fluid, something crucial for discussing the properties of superfluids as we will see later.

\* Inserting  $\psi_0 = \sqrt{n} e^{iS}$  into the GPE we obtain (in addition to the continuity equation) a second equation providing the evolution of the phase

$$\boxed{\hbar \frac{\partial S}{\partial t} + \left( \frac{m v_s^2}{2} + V_{ext}(\vec{r}) + gn - \frac{\hbar^2}{2m} \nabla^2 \sqrt{n} \right) = 0}$$

This equation and the continuity equation provide a closed set of coupled equations equivalent to the GPE.



Hence:

$$m \frac{\partial \vec{v}_s}{\partial t} = - \vec{\nabla} \left[ \frac{m v_s^2}{2} + V_{\text{ext}}(\vec{r}) + g n - \frac{\hbar^2}{2m\sqrt{n}} \nabla^2 \sqrt{n} \right]$$

If you have a close look to this equation and the continuity equation you will see that it just appears in the last term at the r.h.s. of the last equation. Hence the quantum character is pretty much reduced to that term, which receives the name "quantum pressure".

The quantum pressure becomes small if the density changes slowly in space. Let's see first when this happens.

Let's call  $R$  the typical length characterizing density variations, typically the wavelength size for the ground state configuration. Hence the quantum pressure term scales as:

$$\frac{\nabla^2 \sqrt{n}}{\sqrt{n}} \sim \frac{1}{R^2}$$

Remember that  $g n = \frac{\hbar^2}{2m\xi^2}$

Hence if  $R \gg \xi$ , then  $\frac{\hbar^2}{2m\xi^2} \gg \frac{\hbar^2}{2m\sqrt{n}} \nabla^2 \sqrt{n}$ , and we can neglect the quantum pressure. This is the so-called Thomas-Fermi limit.

In this limit

$$m \frac{\partial \vec{v}_s}{\partial t} + \vec{\nabla} \left[ \frac{m v_s^2}{2} + V_{\text{ext}}(\vec{r}) + g n \right] = 0$$

\* This equation is well known in hydrodynamics, being the Euler equation for a nonviscous gas with pressure

$$P = gn^2/2$$

• Note: the sound velocity in a fluid is defined as  $mc_s^2 = \frac{\partial P}{\partial n} = gn \rightarrow c_s = \sqrt{\frac{gn}{m}}$  which is exactly the sound-velocity we got from the Bogoliubov spectrum (so all matches, fortunately!).

• In the ground state configuration  $\vec{v}_S = 0$ , and hence

$$\vec{\nabla} [V_{ext}(\vec{r}) + gn] = 0 \rightarrow V_{ext}(\vec{r}) + gn = \text{constant}$$

This constant is the chemical potential (as it becomes clear by removing the kinetic energy in the time-independent GPE).

Hence  $\mu = V_{ext}(\vec{r}) + gn(\vec{r})$

as always  $\mu$  is fixed by setting  $\int n(\vec{r}) d^3r = N$ .

• In the following we will employ this general expression for the case of a BEC in an harmonic trap.

\* BEC in a harmonic trap

\* let's consider the harmonic confinement:

$$V_{ext}(\vec{r}) = \frac{m\omega_x^2}{2}x^2 + \frac{m\omega_y^2}{2}y^2 + \frac{m\omega_z^2}{2}z^2$$

We will consider the case  $g > 0$  (repulsive BEC), and leave the attractive case ( $g < 0$ ) for a later discussion.

let's consider the Thomas-Fermi limit:

$$\mu = V_{ext}(\vec{r}) + gn(\vec{r})$$

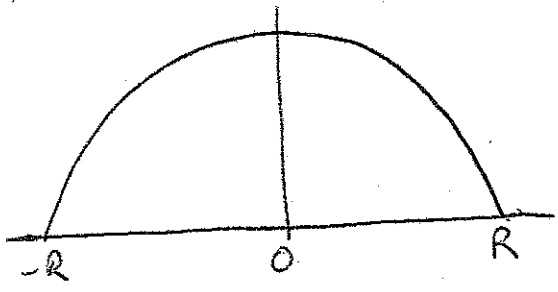
Hence  $n(\vec{r}) = \frac{1}{g}(\mu - V_{ext}(\vec{r}))$

$$= \frac{\mu}{g} \left[ 1 - \frac{m\omega_x^2}{2\mu}x^2 - \frac{m\omega_y^2}{2\mu}y^2 - \frac{m\omega_z^2}{2\mu}z^2 \right]$$
$$= n_0 \left[ 1 - \left(\frac{x}{R_x}\right)^2 - \left(\frac{y}{R_y}\right)^2 - \left(\frac{z}{R_z}\right)^2 \right]$$

where  $n_0 \equiv$  central density

$R_{x,y,z} \Rightarrow$  are the so-called Thomas-Fermi Radii.

Therefore the density profile of a BEC in a trap in the Thomas-Fermi limit acquires the form of an inverted parabola. The Thomas-Fermi radius is provided by the classical turning point



$$\mu = \frac{m\omega^2}{2}R^2$$

\* It's interesting to have a look to the actual form of  $\mu$  and  $R_k$  as a function of the system parameters.

We know that

$$\begin{aligned}
 N &= \int d^3r n(\vec{r}) = n_0 \int d^3r \left[ 1 - \left(\frac{x}{R_x}\right)^2 - \left(\frac{y}{R_y}\right)^2 - \left(\frac{z}{R_z}\right)^2 \right] \\
 &= n_0 R_x R_y R_z \int_0^1 r^2 dr (1-r^2) 4\pi \quad \bar{\omega} = (\omega_x \omega_y \omega_z)^{1/3} \\
 &= \frac{8\pi}{15} n_0 R_x R_y R_z = \frac{8\pi}{15} \frac{\mu}{g} \left(\frac{2\mu}{m\omega_x^2}\right)^{1/2} \left(\frac{2\mu}{m\omega_y^2}\right)^{1/2} \left(\frac{2\mu}{m\omega_z^2}\right)^{1/2} \\
 &= \frac{8\pi}{15g} \left(\frac{2}{m\bar{\omega}^2}\right)^{3/2} \mu^{5/2} \implies \frac{8\pi}{15 \cdot 4\pi \hbar^2 a} \left(\frac{2}{m\bar{\omega}^2}\right)^{3/2} \mu^{5/2} \quad \ell_{HO} = \sqrt{\frac{\hbar}{m\bar{\omega}}} \\
 &= \left(\frac{2\mu}{\hbar\bar{\omega}}\right)^{5/2} \frac{\ell_{HO}}{15a} \implies \boxed{\mu = \frac{\hbar\bar{\omega}}{2} \left(\frac{15aN}{\ell_{HO}}\right)^{2/5}}
 \end{aligned}$$

As a consequence:

$$\boxed{R = \left(\frac{2\mu}{m\bar{\omega}^2}\right)^{1/2} = \ell_{HO} \left(\frac{15aN}{\ell_{HO}}\right)^{1/5}} \implies R_k = \frac{\bar{\omega}}{\omega_k} R$$

As a consequence note that the size of the system increases as  $N^{1/5}$ . For the ideal gas the size of the condensate is fixed by the oscillator length. In the case of a repulsive gas, the size of the system grows when we increase  $N$ , because the particles repel each other. (Note: However a growth will be considered as relatively quite mild.)

If we compare  $R$  and the healing length:

$$\xi = \left(\frac{\hbar^2}{2m\mu}\right)^{1/2} \implies \frac{\xi}{R} = \left(\frac{\hbar\bar{\omega}}{2\mu}\right)^2 = \left(\frac{15Na}{\ell_{HO}}\right)^{-2/5}$$

Remember that the Thomas-Fermi limit is justified if  $\xi \ll R$ , which is true if  $\mu \gg \hbar\bar{\omega}$ , which in turn is true for  $Na/\ell_{HO} \gg 1$ .

\* Typical values of  $a/a_{ho} \sim 10^{-3}$ , hence  $N \gg 10^3$  to get the Thomas-Fermi limit. Typically  $N \sim 10^4, 10^5$  so the Thomas-Fermi limit is typically OK (but not always).

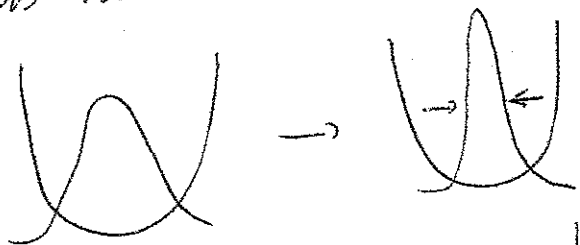
BEC WITH ATTRACTIVE INTERACTIONS

If  $g < 0$ , the interactions are attractive, and the behaviour of the condensate is very different.

let's write the GPE:

$$\mu \psi_0 = \left[ \frac{-\hbar^2}{2m} \nabla^2 + V_{ext}(\vec{r}) - |g| |\psi|^2 \right] \psi$$

It's clear that the system minimizes its energy by contracting and increasing its ~~condensate~~ density in the trap center. In a classical gas this would be unstoppable. However, in quantum mechanics we must take into account the zero-point oscillation ~ the corresponding to the trap. The zero-point kinetic energy tends to unpenetrate the contraction.



zero point energy: tends to prevent excessive contraction

$$\underbrace{\left( \frac{-\hbar^2}{2m} \nabla^2 + V_{ext}(\vec{r}) \right) \psi}_{\text{zero point energy: tends to prevent excessive contraction}} \quad - \underbrace{|g| \psi^3}_{\text{tends to contract the gas towards the trap center}}$$

tends to contract the gas towards the trap center

This effect grows with  $N$

This is a single particle effect. It's  $N$  independent

\* As a consequence, for a sufficiently large number of particles the kinetic energy can't compensate the non-linear compression (non linear focusing in the language of nonlinear optics) and as a consequence the condensate collapses!

Let's see this in more detail.

Let's consider a spherical trap with frequency  $\omega$ .

Let's use the following Gaussian ansatz for the condensate

$$\psi(r) = \left( \frac{N}{\lambda^3 a_{HO}^3 \pi^{3/2}} \right)^{1/2} e^{-r^2/2\lambda^2 a_{HO}^2}$$

$\lambda$  fixes the width of the condensate and works as our variational parameter.

Now that we have set a Gaussian "bubble" of width  $\lambda a_{HO}$ , let's calculate the energy as a function of  $\lambda$ .

Remember that

$$E = \int d^3r \left[ \frac{\hbar^2}{2m} |\nabla\psi|^2 + V_{ext}(r)|\psi|^2 + \frac{g}{2} |\psi|^4 \right]$$

After plugging the Ansatz one gets:

$$\frac{E}{N\hbar\omega} = \frac{3}{4} \left( \frac{1}{\lambda^2} + \lambda^2 \right) - \frac{N|a|}{\sqrt{2\pi} a_{HO}} \lambda^{-3}$$

↑ kinetic energy
↑ trap ~~energy~~
↑ interaction energy.

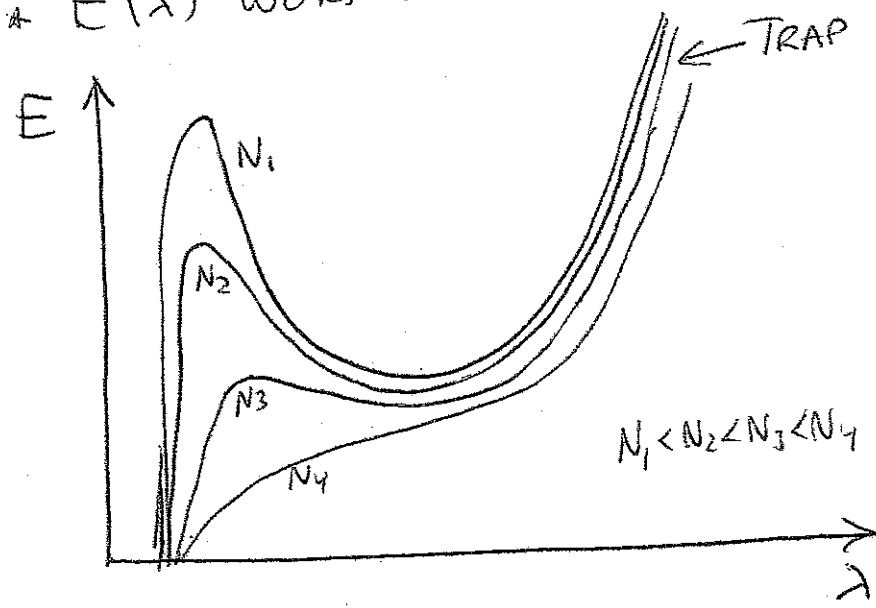
Here it is quite crucial how the different terms scale with  $\lambda$ .

The kinetic energy  $\sim \frac{1}{\lambda^2}$  (this was expected because the kinetic energy is a 2<sup>nd</sup> derivative, and hence scales as  $\sim 1/\text{length}^2$ )

The trap energy  $\sim \lambda^2$  (also expected because we consider an harmonic potential  $\sim x^2$ )

The interaction energy  $\sim \frac{1}{\lambda^3}$  (also expected because the interaction energy is proportional to the density and the density =  $\frac{1}{\text{volume}} \sim \frac{1}{\text{length}^3}$ )

\*  $E(\lambda)$  looks like this:

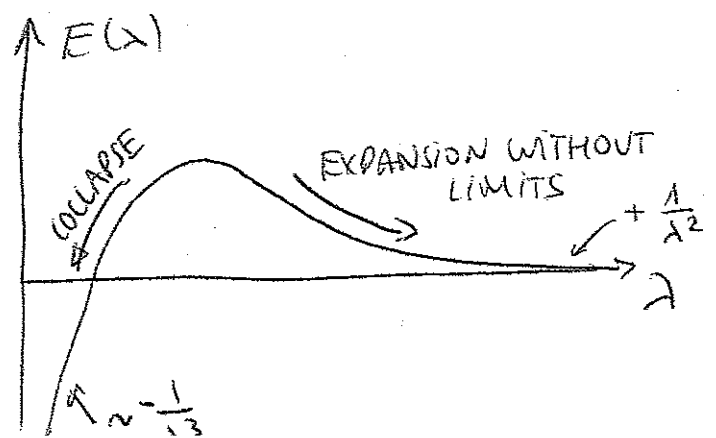


- For small values of  $N$   $E(\lambda)$  shows a potential barrier, which prevents the system to collapse.
- For large  $N$ , the barrier disappears and the collapse occurs.

\* The numerical value at which collapse occurs is

$$\frac{Nc_1/a}{Q_0} = 0.575$$

(Note that in absence of a trap ~~the system collapses~~ one just has kinetic energy and interactions, and the energy curves like this:



\* Note that the system either collapses or expands without limits. As a consequence there cannot be a self-bound ("bubble-like") solution for the GPE in a 3D environment.

The situation is radically different in 1D systems, where self-bound solutions are possible, as we will discuss when talking about solitons