

Lecture 12

Linearized Einstein equation:
Gauge fixing and helicity states
of gravitational waves

We recall the linearized Einstein equations
in DeDonder gauge (10.49):

$$\left. \begin{aligned} \square \bar{h}_{\alpha\beta} &= -2\kappa T_{\alpha\beta} \\ \partial^\alpha \bar{h}_{\alpha\beta} &= 0 \end{aligned} \right\} (12.1)$$

which we compared with Maxwell equations
in Lorenz gauge (10.66):

$$\left. \begin{aligned} \square A_\alpha &= \mu_0 J_\alpha \\ \partial^\alpha A_\alpha &= 0. \end{aligned} \right\} (12.2)$$

Let us discuss the Maxwell equations first,
which are a little simpler. We are interested
in the field outside the source, i.e. $J_\alpha = 0$.

Then

$$\left. \begin{aligned} \square A_\alpha &= 0 \\ \partial^\alpha A_\alpha &= 0 \end{aligned} \right\} (12.3)$$

We assume A_α to admit a Fourier-transformation (which is a non-trivial assumption)

$$\left. \begin{aligned} \tilde{A}_\alpha(k) &:= \frac{1}{(2\pi)^4} \int d^4x e^{-ik \cdot x} A_\alpha(x) \\ A_\alpha(x) &:= \frac{1}{(2\pi)^4} \int d^4k e^{ik \cdot x} \tilde{A}_\alpha(k) \end{aligned} \right\} (12.4)$$

where $k \cdot x := k_\mu x^\mu$. (12.5)

Note that generally, under Fourier-transformation

$$\partial_\alpha \mapsto ik_\alpha \quad (12.6)$$

that is

$$\partial_\alpha A_\beta(x) = \frac{1}{(2\pi)^4} \int d^4x e^{ik \cdot x} (ik_\alpha \tilde{A}_\beta(k)) \quad (12.7)$$

So that the Fourier-transformation of $\partial_\alpha A_\beta$ is $ik_\alpha \tilde{A}_\beta$.

Hence, the Fourier transformation of Maxwell's equations (12.3) is

$$-(k \times k^\lambda) \tilde{A}_\alpha(k) = 0 \quad (12.8)$$

$$k^\alpha \tilde{A}_\alpha(k) = 0 \quad (12.9)$$

(12.8) says that

$$\tilde{A}_\alpha(k) = 0 \text{ if } k^\lambda k_\lambda \neq 0. \quad (12.10)$$

in other words: The support of \tilde{A}_α is confined to the light cone:

$$\text{Supp}(\tilde{A}_\alpha) \subseteq \{k \in V : \eta(k, k) = 0\}. \quad (12.11)$$

(12.9) says that the value $\tilde{A}_\alpha(k)$ is η -orthogonal to k :

$$\tilde{A}_\alpha(k) \in \{k\}^\perp := \{v \in V : \eta(v, k) = 0\} \quad (12.12)$$

Note that since $\tilde{A}_\alpha(k) = 0$ if k is not lightlike, (12.12) is only relevant for lightlike k , in which case

$$k \in \{k\}^\perp \quad (k \text{ lightlike}) \quad (12.13)$$

That is: $\tilde{A}_\alpha(k)$ takes values in a lightlike hyperplane in V that contains k .

We already mentioned that the Lorenz gauge condition still allows for residual gauge transformations

$$A_\alpha \mapsto A'_\alpha := A_\alpha + \partial_\alpha \Lambda \quad (12.14)$$

$$\text{with } \square \Lambda = 0 \quad (12.15)$$

For the Fourier - transform this means

$$\tilde{A}_\alpha(k) \mapsto \tilde{A}'_\alpha(k) := \tilde{A}_\alpha + i k_\alpha \tilde{\Lambda}(k) \quad (12.16)$$

$$\text{with } \text{supp}(\tilde{\Lambda}) \in \text{Lightcone} \quad (12.17)$$

where

$$\left. \begin{aligned} \tilde{\Lambda}(k) &:= \frac{1}{(2\pi)^2} \int d^4x e^{-ik \cdot x} \Lambda(x) \\ \Lambda(x) &= \frac{1}{(2\pi)^2} \int d^4k e^{ik \cdot x} \tilde{\Lambda}(k) \end{aligned} \right\} (12.18)$$

This means that the residual gauge - transformations only modify those values $\tilde{A}(k)$ where k is lightlike. But outside matter, i.e. if $J_\alpha = 0$, there are all non-zero amplitudes. So if $J_\alpha = 0$ the residual gauge transformations can be used to remove one of the 3 Amplitudes $\tilde{A}_\alpha(k)$ with $k^\mu \tilde{A}_\mu(k) = 0$, namely that parallel to k . The remaining two-dimensional space of field-values $\tilde{A}_\alpha(k)$ per k

Can then be naturally identified with the quotient space

$$Q_k := \{k\}^\perp / \text{Span}\{k\} \quad (12.19)$$

Alternatively, and this is what is actually done in practice, this quotient is represented by any 2-dimensional vector-space of $\{k\}^\perp$ transversal to $\text{Span}\{k\}$.

Such a transversal space may be identified as follows: Choose an arbitrary timelike vector $v \in V$ and consider the intersection of the spacelike hyperplane $\{v\}^\perp$ with the lightlike hyperplane $\{k\}^\perp$:

$$H_k := \{k\}^\perp \cap \{v\}^\perp \quad (12.20)$$

which is a 2-dimensional spacelike hyperplane in $\{k\}^\perp$ so that the restriction of the natural projection

$$\left. \begin{aligned} \Pi : \{k\}^\perp &\rightarrow Q_k \\ k &\mapsto [k] \end{aligned} \right\} (12.21)$$

to H_k :

$$\Pi|_{H_k} : H_k \rightarrow Q_k \quad (12.22)$$

is an isomorphism of vector spaces.

Analytically this means that in addition to

$$k^\alpha \tilde{A}_\alpha(k) = 0 \quad (12.19)$$

we may impose another condition

$$V^\alpha \tilde{A}_\alpha(k) = 0 \quad (12.20)$$

with any fixed timelike V . The statement is that if \tilde{A}_α does not satisfy (12.20) then a change by a residual gauge transformation

$$\tilde{A}'_\alpha(k) = \tilde{A}_\alpha(k) + ik_\alpha \tilde{\Lambda}(k) \quad (12.21)$$

can be found, such that \tilde{A}'_α will satisfy (12.20). Indeed:

$$V^\alpha \tilde{A}'_\alpha(k) = V^\alpha \tilde{A}_\alpha(k) + i(k \cdot V) \tilde{\Lambda}(k) \stackrel{!}{=} 0 \quad (12.22)$$

$$\Leftrightarrow \tilde{\Lambda}(k) = i \frac{(V \cdot \tilde{A}(k))}{V \cdot k} \quad (12.23)$$

This determines $\tilde{\Lambda}$ (and hence Λ) uniquely and hence corresponds to a complete gauge. We also see why we had to restrict V to be timelike, for otherwise the denominator $(V \cdot k)$ in (12.23)

would be zero for some k . For k lightlike and V timelike, however, $V \cdot k \neq 0$. (if $k \neq 0$).

Hence we have the

Proposition: A complete gauge for the vacuum Maxwell field A_α is given by

$$\tilde{A}_\alpha(k) k^\alpha = 0 \quad (12.24)$$

$$\tilde{A}_\alpha(k) V^\alpha = 0 \quad (12.25)$$

for any fixed timelike $V \in V$. Or

$$\partial^\alpha A_\alpha(x) = 0 \quad (12.26)$$

$$V^\alpha A_\alpha(x) = 0 \quad (12.27)$$

One says that A has two independent states and means by that that the vector space in which $\tilde{A}(k)$ takes its values is a 2-dimensional (real) vector space:

$$H_k = \{k\}^\perp \cap \{V\}^\perp \quad (12.28)$$

that is spanned by two (helicity) basis vectors.

For example, if

$$\vec{k} = \frac{\omega}{c} (\vec{e}_0 + \vec{e}_3) \quad (12.28)$$

(plane wave of frequency ω propagating in \vec{e}_3 -direction)

and

$$\vec{v} = \vec{e}_0 \quad (12.30)$$

then $H_k = \text{span} \{ \vec{e}_1, \vec{e}_2 \}$. (12.31)

One says that \tilde{A} has only transversal amplitudes. But note that H_k is only representing Q_k and that this representation depends on \vec{v} . Had we chosen

$$\vec{v} = \vec{e}_0 + a \vec{e}_1, \quad |a| < 1 \quad (12.32)$$

then

$$\left. \begin{aligned} \vec{k} \cdot \tilde{A}(k) = 0 &\Leftrightarrow \tilde{A}_0(k) - \tilde{A}_3(k) = 0 \\ \vec{v} \cdot \tilde{A}(k) = 0 &\Leftrightarrow \tilde{A}_0(k) - a \tilde{A}_1(k) = 0 \end{aligned} \right\} (12.33)$$

$$\Rightarrow \tilde{A}(k) = (a \tilde{A}_1(k), \tilde{A}_1(k), \tilde{A}_2(k), a \tilde{A}_1(k)) \quad (12.34)$$

i.e. the value-space of $\tilde{A}(k)$ is spanned by $(a, 1, 0, a)$ and $(0, 0, 1, 0)$. It makes no sense to address any of these possible representations of Q_k by a H_k as "more" physical than another one.

Likewise, it makes no sense to distinguish the components of $\vec{A}(\vec{k})$ into "physical" and "unphysical" ones, except with reference to a particular gauge. The fact that \vec{A}_0 can always be "gauged away" (by choosing $V = e_0$) - outside matter - does not mean that \vec{A}_0 cannot acquire a good physical interpretation. For example the Coulomb field

$$\begin{aligned} \vec{E}(\vec{x}) &= \frac{Q}{4\pi\epsilon_0} \frac{\vec{x}}{r^3} \\ &= -\vec{\nabla}\varphi - \dot{\vec{A}} \end{aligned} \quad \left. \vphantom{\vec{E}(\vec{x})} \right\} (12.35)$$

can either be represented by

$$\vec{A} = 0, \quad \varphi(\vec{x}) = \frac{Q}{4\pi\epsilon_0} \frac{1}{r} \quad (12.36)$$

or

$$\varphi = 0, \quad \vec{A}(\vec{x}) = \frac{Q}{4\pi\epsilon_0} \frac{\vec{x}}{r^3} \pm \quad (12.37)$$

where the latter corresponds to the $A_0 = 0$ gauge.

Now, for linearized gravity, we also assume $h_{\alpha\beta}$ and $\bar{h}_{\alpha\beta}$ to admit Fourier transformations:

$$\left. \begin{aligned} \bar{h}_{\alpha\beta}(k) &:= \frac{1}{(2\pi)^2} \int d^4x e^{-ik \cdot x} \bar{h}_{\alpha\beta}(x) \\ \bar{h}_{\alpha\beta}(x) &:= \frac{1}{(2\pi)^2} \int d^4k e^{ikx} \bar{h}_{\alpha\beta}(k) \end{aligned} \right\} (12.38)$$

and identically for $\tilde{h}_{\alpha\beta}(k)$ and $h_{\alpha\beta}(x)$.

The De Donder gauge condition leads for $\tilde{h}_{\alpha\beta}$:

$$k^\alpha \tilde{h}_{\alpha\beta}(k) = 0. \quad (12.39)$$

which means that the value of \tilde{h} at k is an element of $\{k\}^\perp \otimes \{k\}^\perp$:

$$\tilde{h}(k) \in \{k\}^\perp \otimes \{k\}^\perp \quad (12.40)$$

A residual gauge transformation

$$\tilde{h}_{\alpha\beta}(k) \mapsto \tilde{h}'_{\alpha\beta}(k) = \quad (12.41)$$

$$\tilde{h}_{\alpha\beta}(k) + ik_\alpha \tilde{\Lambda}_\beta(k) + ik_\beta \tilde{\Lambda}_\alpha(k) - i\tilde{h}_{\alpha\beta} k^\lambda \tilde{\Lambda}_\lambda(k)$$

with $\text{supp}(\tilde{\Lambda}_\alpha) \in \text{lightcone}$ maintains (12.39) and can be used to eliminate further components of $\tilde{h}_{\alpha\beta}(k)$.

Proposition: Let $\text{Supp}(\tilde{h}_{\alpha\beta})$'s light cone and $v \in V$ timelike. Then residual gauge transformations can be used to achieve

$$\tilde{h}(k) = \eta^{\alpha\beta} \tilde{h}_{\alpha\beta}(k) = 0, \quad (12.42)$$

$$V^\alpha \tilde{h}_{\alpha\beta}(k) = 0, \quad (12.43)$$

in addition to De Donder condition (12.39). These three conditions fix $\tilde{\Lambda}_\alpha(k)$ completely, i.e. they constitute a complete gauge

Proof: Contracting (12.41) with $\eta^{\alpha\beta}$ we get [we drop the arguments (k) now]

$$\tilde{h}' = \tilde{h} + 2i(k \cdot \tilde{\Lambda}) - 4i(k \cdot \tilde{\Lambda})$$

$$= 0 \quad \Leftrightarrow$$

$$(k \cdot \tilde{\Lambda}) = -\frac{i}{2} \tilde{h} \quad (12.44)$$

Contracting (12.41) with V^α we get:

$$V^\alpha \tilde{h}'_{\alpha\beta} = V^\alpha \tilde{h}_{\alpha\beta} + i(k \cdot v) \tilde{\Lambda}_\beta + i(\tilde{\Lambda} \cdot v) k_\beta - i V_\beta (k \cdot \tilde{\Lambda})$$

$$= 0$$

$$(12.45)$$

Contracting (12.41) with $V^\alpha V^\beta$ we get:

$$\begin{aligned} V^\alpha V^\beta \tilde{h}_{\alpha\beta} &= V^\alpha V^\beta \tilde{h}_{\alpha\beta} + 2i(k \cdot v)(\tilde{\Lambda} \cdot v) \\ &\quad - iV^2(k \cdot \tilde{\Lambda}) \\ &= 0 \end{aligned} \quad (12.46)$$

Thus we solve for $(\tilde{\Lambda} \cdot v)$:

$$\begin{aligned} (\tilde{\Lambda} \cdot v) &= \frac{i}{2(k \cdot v)} \left[V^\alpha V^\beta \tilde{h}_{\alpha\beta} - iV^2(k \cdot \tilde{\Lambda}) \right] \\ &= \frac{i}{2(k \cdot v)} \left[V^\alpha V^\beta \tilde{h}_{\alpha\beta} - \frac{V^2}{2} \tilde{h} \right] \end{aligned} \quad (12.47)$$

where we used (12.44) to eliminate $(k \cdot \tilde{\Lambda})$ on the right-hand side. In this way we now have $(\tilde{\Lambda} \cdot v)$ as function of $\tilde{h}_{\alpha\beta}$ and v . The product $(k \cdot \tilde{\Lambda})$ is already given as function of $\tilde{h}_{\alpha\beta}$ by (12.44). These two expressions are now inserted into (12.45) which we can use to solve for $\tilde{\Lambda}_\beta$:

$$\begin{aligned} \tilde{\Lambda}_\beta &= \frac{i}{(k \cdot v)} \left[V^\alpha \tilde{h}_{\alpha\beta} + i(\tilde{\Lambda} \cdot v)k_\beta \right. \\ &\quad \left. - iV_\beta(k \cdot \tilde{\Lambda}) \right] \end{aligned} \quad (12.48)$$

$$\begin{aligned}
 \tilde{\Lambda}_\beta &= \frac{i}{(k \cdot v)} \left\{ v^\alpha \tilde{h}_{\alpha\beta} \right. \\
 &\quad - \frac{k_\beta}{2(k \cdot v)} \left(v^\alpha v^\alpha \tilde{h}_{\alpha\alpha} - \frac{v^2}{2} \tilde{h} \right) \\
 &\quad \left. - \frac{v_\beta}{2} \tilde{h} \right\} \quad (12.49)
 \end{aligned}$$

This is our solution for $\tilde{\Lambda}_\beta(k)$ in terms of $\tilde{h}_{\alpha\beta}(k)$ and v^α .

It satisfies (12.45) by construction, using (12.44) and (12.47) and, conversely, implies (12.44) and (12.47), as one can check keeping in mind that $\tilde{h}_{\alpha\beta}$ satisfies the de Donder condition (12.39) and $k^\beta k_\beta = 0$:

$$\tilde{\Lambda}_\beta \cdot k^\beta = \frac{i}{(k \cdot v)} \left(-\frac{k \cdot v}{2} \tilde{h} \right) = -\frac{i}{2} \tilde{h} \quad \checkmark$$

$$\begin{aligned}
 \tilde{\Lambda}_\beta \cdot v^\beta &= \frac{i}{k \cdot v} \left\{ v^\alpha v^\beta \tilde{h}_{\alpha\beta} \right. \\
 &\quad - \frac{1}{2} \left(v^\alpha v^\alpha \tilde{h}_{\alpha\alpha} - \frac{v^2}{2} \tilde{h} \right) \\
 &\quad \left. - \frac{v^2}{2} \tilde{h} \right\} \\
 &= \frac{i}{2(k \cdot v)} \left\{ v^\alpha v^\beta \tilde{h}_{\alpha\beta} - \frac{v^2}{2} \tilde{h} \right\}. \quad \checkmark
 \end{aligned}$$

Finally we mention that (12.49) takes a simpler form if expressed in terms of

$$\tilde{h}_{\alpha\beta} = \bar{h}_{\alpha\beta} - \frac{1}{2} \eta_{\alpha\beta} \bar{h} \quad (12.50)$$

i.e. the Fourier transform of the original $h_{\alpha\beta} = g_{\alpha\beta} - \eta_{\alpha\beta}$:

$$\tilde{\Lambda}_{\beta}(k) = \frac{i}{(k \cdot v)} \left\{ v^{\alpha} \tilde{h}_{\alpha\beta}(k) - \frac{k_{\beta}}{2(k \cdot v)} v^{\alpha} v^{\gamma} \tilde{h}_{\alpha\gamma} \right\} \quad (12.51)$$

Since $h_{\alpha\beta}(x)$ is real, the Fourier amplitudes satisfy

$$\tilde{h}_{\alpha\beta}(-k) = [\tilde{h}_{\alpha\beta}(k)]^*$$

But then from (12.51)

$$\tilde{\Lambda}_{\beta}(-k) = [\tilde{\Lambda}_{\beta}(k)]^* \quad (12.52)$$

i.e. $\Lambda_{\beta}(x)$ is also real.

Note: As we can achieve

$$\tilde{h}(k) = \eta^{\alpha\beta} \tilde{h}_{\alpha\beta}(k) = 0$$

We have

$$\tilde{h}_{\alpha\beta}(k) = \tilde{h}_{\alpha\beta}(k)$$

or $\bar{h}_{\alpha\beta}(x) = h_{\alpha\beta}(x)$

In min gauge the difference between $h_{\alpha\beta}$ and $\bar{h}_{\alpha\beta}$ disappears and we have as full gauge conditions

$$k^\alpha \tilde{h}_{\alpha\beta}(k) = 0$$

$$V^\alpha \tilde{h}_{\alpha\beta}(k) = 0$$

$$\eta^{\alpha\beta} \tilde{h}_{\alpha\beta}(k) = 0$$

or $\partial^\alpha h_{\alpha\beta}(x) = 0$

$$V^\alpha h_{\alpha\beta}(x) = 0$$

$$\eta^{\alpha\beta} h_{\alpha\beta}(x) = 0$$

For example, if

$$\left. \begin{aligned} V &= e_0 \\ k &= \frac{\omega}{c} (e_0 + e_3) \end{aligned} \right\} (12.53)$$

then

$$\tilde{h}_{\alpha\beta}(k) = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & h_{11} & h_{12} & 0 \\ 0 & h_{21} & h_{22} & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} \quad (12.54)$$

(perpendicular to e_3 and e_0), where

by symmetry $\tilde{h}_{\alpha\beta}(k) = \tilde{h}_{\beta\alpha}(k)$
and $\eta^{\alpha\beta} \tilde{h}_{\alpha\beta} = 0$ we have

$$\tilde{h}_{12} = h_{21}, \quad h_{22} = -h_{11} \quad (12.55)$$

Setting $h_{11} = -h_{22} = h_+$ and
 $h_{12} = h_{21} = h_x$, we get

$$\tilde{h}_{\alpha\beta}(k) = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & h_+ & h_x & 0 \\ 0 & h_x & -h_+ & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} \quad (12.56)$$

The boxed submatrix can be understood as representing the components of a symmetric traceless tensor in

$$H^2_k := H_k \otimes H_k$$

where $H_k = \{k\}^+ \cap \{V\}^+$

(compare (12.28)).

h_+ and h_x are the two independent amplitudes out of which any other can be superposed.