

Lecture 9

The Action Principle in GR.

We wish to understand Einstein's field equation

$$R_{\alpha\beta} - \frac{1}{2}g_{\alpha\beta} - g_{\alpha\beta}\Lambda = \kappa T_{\alpha\beta} \quad (9.1)$$

as the result of the requirement that some "action" be stationary

$$\delta \int_{\Omega} (\mathcal{L}_{\text{grav}} + \mathcal{L}_{\text{mat}}) d\mu_g = 0 \quad (9.2)$$

where $\mathcal{L}_{\text{grav}}$ and \mathcal{L}_{mat} are the "Lagrange-densities" for the gravitational field and the matter, respectively. $d\mu_g$ is the volume form on the space-time manifold (M, g) , which will depend on g (obviously!).

We first determine $d\mu_g$. Clearly, if $\{e_0, \dots, e_3\}$ is an orthonormal basis-field and $\{\theta^0, \dots, \theta^3\}$ its dual basis-field, then

$$d\mu_g = \theta^0 \wedge \theta^1 \wedge \theta^2 \wedge \theta^3 \quad (9.3)$$

because this gives $d\mu_g(e_0, \dots, e_3) = 1$, which is just what we want: An orthonormal parallelepiped spanned by $\{e_0, e_1, e_2, e_3\}$

has unit volume. Let (U, ϕ) be a chart with coordinate functions $X^\alpha: U \rightarrow \mathbb{R}$.

Then we can expand each Θ^α :

$$\Theta^\alpha = \Theta^\alpha{}_\beta dX^\beta. \quad (9.4)$$

Hence

$$\begin{aligned} d\mu_g &= \Theta^0 \Theta^1 \Theta^2 \Theta^3 dX^0 \wedge dX^1 \wedge dX^2 \wedge dX^3 \\ &= \Theta^0{}_\alpha \Theta^1{}_\beta \Theta^2{}_\gamma \Theta^3{}_\delta dX^\alpha \wedge dX^\beta \wedge dX^\gamma \wedge dX^\delta \\ &= 4! \Theta^0{}_\alpha \Theta^1{}_\beta \Theta^2{}_\gamma \Theta^3{}_\delta dX^\alpha \wedge dX^\beta \wedge dX^\gamma \wedge dX^\delta \end{aligned} \quad (9.5)$$

where square brackets denote total anti-symmetrisation:

$$\begin{aligned} &\Theta^0{}_\alpha \Theta^1{}_\beta \Theta^2{}_\gamma \Theta^3{}_\delta \\ &= \frac{1}{4!} \sum_{\sigma \in S_4} \text{sign}(\sigma) \Theta^0{}_{\sigma(0)} \Theta^1{}_{\sigma(1)} \Theta^2{}_{\sigma(2)} \Theta^3{}_{\sigma(3)} \\ &\quad \uparrow \\ &\quad \text{Symmetric group of 4 elements} \\ &= \frac{1}{4!} \det \{ \Theta^\alpha{}_\beta \} \end{aligned} \quad (9.6)$$

Hence

$$d\mu_g = \det \{ \Theta^\alpha{}_\beta \} d^4 X \quad (9.7)$$

where $d^4 X := dX^0 \wedge dX^1 \wedge dX^2 \wedge dX^3$

On the other hand, the metric g has, in terms of $\{\theta^0, \dots, \theta^3\}$ and $\{dx^0, \dots, dx^3\}$, the expansions

$$\begin{aligned} g &= \eta_{\alpha\beta} \theta^\alpha \otimes \theta^\beta \\ &= \eta_{\alpha\beta} \theta^\alpha_\mu \theta^\beta_\nu dx^\mu \otimes dx^\nu \\ &= g_{\mu\nu} dx^\mu \otimes dx^\nu \end{aligned} \quad (9.8)$$

So that

$$g_{\mu\nu} = \eta_{\alpha\beta} \theta^\alpha_\mu \theta^\beta_\nu \quad (9.9)$$

Taking the determinant of that, using $\det\{\eta_{\alpha\beta}\} = \det\{\text{diag}(1, -1, -1, -1)\} = -1$

$$\det\{g_{\alpha\beta}\} = -[\det\{\theta^\alpha_\beta\}]^2$$

$$\leadsto \det\{\theta^\alpha_\beta\} = \sqrt{-\det\{g_{\alpha\beta}\}} \quad (9.10)$$

and therefore

$$d\mu_g|_u = \sqrt{\det\{-g_{\alpha\beta}\}} d^4x \quad (9.11)$$

The gravitational Lagrange-density \mathcal{L}_g must be a scalar function of g alone, have functional derivative linear in the Ricci-tensor. An obvious guess is the Ricci scalar

$$R = g^{\alpha\beta} R_{\alpha\beta} \quad (9.12)$$

$$\begin{aligned} R_{\alpha\beta} &= R^{\lambda}{}_{\alpha\lambda\beta} \\ &= \partial_{\lambda} \Gamma^{\lambda}{}_{\beta\alpha} - \partial_{\beta} \Gamma^{\lambda}{}_{\lambda\alpha} \\ &\quad + \Gamma^{\lambda}{}_{\lambda\sigma} \Gamma^{\sigma}{}_{\beta\alpha} - \Gamma^{\lambda}{}_{\beta\sigma} \Gamma^{\sigma}{}_{\lambda\alpha} \end{aligned} \quad (9.13)$$

We now consider a differentiable one-parameter family of Lorentzian metrics

$$\left. \begin{aligned} \gamma : (-\varepsilon, \varepsilon) &\rightarrow ST_2^{\circ}(M) \\ s &\mapsto \gamma_{\alpha\beta}(s) \end{aligned} \right\} (9.14)$$

such that

$$\gamma_{\alpha\beta}(0) = g_{\alpha\beta} \quad (9.15)$$

$$\left. \frac{d}{ds} \right|_{s=0} \gamma_{\alpha\beta}(s) = \dot{g}_{\alpha\beta} \quad (9.16)$$

Here $g_{\alpha\beta}$ is a Lorentz metric and $\dot{g}_{\alpha\beta}$ some $\in ST_2^{\circ}(M)$. We need to calculate

$$\begin{aligned} & \left. \frac{d}{ds} \right|_{s=0} \int_{\Omega} R[\gamma(s)] d\mu_{\gamma(s)} \\ &= \left. \frac{d}{ds} \right|_{s=0} \int_{\Omega} \gamma^{\alpha\beta}(s) R_{\alpha\beta}[\gamma(s)] [-\det\{\gamma_{\mu\nu}(s)\}]^{1/2} d^4x \end{aligned} \quad (9.17)$$

For this we need to know

$$\text{I.} \quad \left. \frac{d}{ds} \right|_{s=0} \gamma^{\alpha\beta}(s), \quad (9.18)$$

$$\text{II.} \quad \left. \frac{d}{ds} \right|_{s=0} R_{\alpha\beta}[\gamma(s)], \quad (9.19)$$

$$\text{III.} \quad \left. \frac{d}{ds} \right|_{s=0} [-\det\{\gamma_{\mu\nu}(s)\}]^{1/2}. \quad (9.20)$$

We first calculate I and III, which are easy, and then II, which is more difficult.

Calculation of I.

$\gamma_{\alpha\beta}(s)$ is a one-parameter family of Lorentzian metrics; hence

$$\gamma^{\alpha\sigma}(s) \gamma_{\sigma\beta}(s) = \delta^{\alpha}_{\beta} \quad (9.21)$$

Taking the $\left. \frac{d}{ds} \right|_{s=0}$ of that and using the notation (9.15-16), we get

$$\left(\left. \frac{d}{ds} \right|_{s=0} \gamma^{\alpha\sigma}(s) \right) g_{\sigma\beta} + g^{\alpha\sigma} \dot{g}_{\sigma\beta} = 0 \quad (9.22)$$

or

$$\frac{d}{ds} \Big|_{s=0} \gamma^{\alpha\beta}(s) =: \dot{\gamma}^{\alpha\beta} = -g^{\alpha\mu} g^{\beta\nu} \dot{g}_{\mu\nu} \quad (9.23)$$

note the minus sign!

Calculation of III.

Quite generally, if $S \mapsto \gamma^{\alpha\beta}(s)$ is any differentiable curve of $n \times n$ matrices, such that $\gamma^{\alpha\beta}(0) = g^{\alpha\beta}$ is invertible, i.e. $\det \{g^{\alpha\beta}\} \neq 0$, so that $g^{\alpha\beta}$ are the comp. of the inverse matrix to g , then, in matrix notation (suppressing indices)

$$\begin{aligned} & \frac{d}{ds} \Big|_{s=0} \det(\gamma(s)) \\ &= \frac{d}{ds} \Big|_{s=0} \det(g \cdot g^{-1} \cdot \gamma(s)) \\ &= \det(g) \frac{d}{ds} \Big|_{s=0} \det(g^{-1} \gamma(s)) \end{aligned} \quad (9.24)$$

but $S \mapsto g^{-1} \gamma(s)$ is a curve in the linear space of endomorphisms through the identity for $s=0$. By the chain rule and the fact that the derivative of the determinant function $\det: \text{End}(V) \rightarrow \mathbb{R}$ at $\text{id}_V \in \text{End}(V)$ is the trace function, i.e.

$$D \det |_{\text{id}} = \text{trace} \quad (9.25)$$

We get

$$\begin{aligned} \frac{d}{ds} \Big|_{s=0} \det(\gamma(s)) \\ = \det(g) \text{trace}(\dot{g}^{-1} \dot{g}) \end{aligned} \quad (9.26)$$

Therefore

$$\begin{aligned} \frac{d}{ds} \Big|_{s=0} \left[-\det\{\gamma_{\alpha\beta}(s)\} \right]^{1/2} \\ = \frac{1}{2} \left[-\det\{g_{\alpha\beta}\} \right]^{-1/2} \frac{d}{ds} \Big|_{s=0} (-\det(\gamma(s))) \\ = \frac{1}{2} \left[-\det\{g_{\alpha\beta}\} \right]^{1/2} (g^{\alpha\beta} \dot{g}_{\beta\alpha}) \end{aligned} \quad (9.27)$$

or, since in our case g is symmetric

$$\begin{aligned} &= \frac{1}{2} \left[-\det\{g_{\alpha\beta}\} \right]^{1/2} g^{\alpha\beta} \dot{g}_{\alpha\beta} \\ &= -\frac{1}{2} \left[-\det\{g_{\alpha\beta}\} \right]^{1/2} g_{\alpha\beta} \dot{g}^{\alpha\beta} \end{aligned} \quad (9.28)$$

where we used (9.23), which implies

$$\begin{aligned} g_{\alpha\beta} \dot{g}^{\alpha\beta} &= -g_{\alpha\beta} g^{\alpha\mu} g^{\beta\nu} \dot{g}_{\mu\nu} \\ &= -g^{\mu\nu} \dot{g}_{\mu\nu} = -g^{\alpha\beta} \dot{g}_{\alpha\beta} \end{aligned} \quad (9.29)$$

Hence, as the result for III. we get

$$\begin{aligned}
 \frac{d}{ds} \Big|_{s=0} d\mu_{\gamma(s)} &= \\
 &= \frac{1}{2} (g^{\alpha\beta} \dot{g}_{\alpha\beta}) d\mu_g \\
 &= -\frac{1}{2} (g_{\alpha\beta} \dot{g}^{\alpha\beta}) d\mu_g \quad (9.30)
 \end{aligned}$$

Calculation of II.

Here, once more, we employ the trick of using normal coordinates. So let $p \in M$ and $X^\lambda: U \rightarrow \mathbb{R}^n$ the normal coord. in a n -hood U of p so that

$$\left. \begin{aligned}
 g_{\alpha\beta}(p) &= \eta_{\alpha\beta} \\
 g_{\alpha\beta,\gamma}(p) &= 0 = \Gamma_{\alpha\beta}^\gamma(p)
 \end{aligned} \right\} (9.31)$$

Then the $\Gamma\Gamma$ -terms in (9.13) do not contribute to $d/ds|_{s=0} R_{\alpha\beta}[\gamma(s)]$, because they always leave an undifferentiated Γ at p . Moreover,

$$\frac{d}{ds} \Big|_{s=0} \Gamma_{\alpha\beta}^\lambda[\gamma(s)] =: \overset{\circ}{\Gamma}_{\alpha\beta}^\lambda[g] \quad (9.32)$$

are tensor fields. This follows explicitly from (7.11) or (7.13) where the inhomogeneous

geneous terms vanish when differentiated with respect to s

$$\begin{aligned} \bar{\Gamma}_{\mu\nu}^{\sigma}(s) &= \Gamma_{\alpha\beta}^{\lambda}(s) \frac{\partial \bar{X}^{\sigma}}{\partial x^{\lambda}} \frac{\partial x^{\alpha}}{\partial \bar{x}^{\mu}} \frac{\partial x^{\beta}}{\partial \bar{x}^{\nu}} \\ &\quad + \frac{\partial \bar{X}^{\sigma}}{\partial x^{\lambda}} \frac{\partial^2 x^{\lambda}}{\partial \bar{x}^{\mu} \partial \bar{x}^{\nu}} \end{aligned} \quad \begin{aligned} &(9.33) \\ &= (7.11) \end{aligned}$$

$\frac{d}{ds} \Big|_s$ of that gives

$$\dot{\bar{\Gamma}}_{\mu\nu}^{\sigma} = \dot{\Gamma}_{\alpha\beta}^{\lambda} \frac{\partial \bar{X}^{\sigma}}{\partial x^{\lambda}} \frac{\partial x^{\alpha}}{\partial \bar{x}^{\mu}} \frac{\partial x^{\beta}}{\partial \bar{x}^{\nu}} \quad (9.34)$$

The proper differential-geometric statement is: given two connections

$$\nabla, \bar{\nabla} : ST_0^1(M) \times ST_0^1(M) \rightarrow ST_0^1(M)$$

then their difference

$$\Delta := \bar{\nabla} - \nabla : ST_0^1(M) \times ST_0^1(M) \rightarrow ST_0^1(M)$$

is $C^{\infty}(M, \mathbb{R})$ -linear in both arguments and hence defines an element of $ST_2^1(M)$. $C^{\infty}(M, \mathbb{R})$ -linearity is easy to see

$$\begin{aligned} \bar{\nabla}_x (fy) - \nabla_x (fy) &= f(\bar{\nabla}_x y - \nabla_x y) \\ &\quad + y(X(f) - X(f)). \end{aligned}$$

See Script on Diff. Geom. for details.

Therefore, we get at p in normal coordinates

$$\begin{aligned}
 & \left[\frac{d}{ds} \Big|_{s=0} R_{\alpha\beta}[\gamma(s)] \right]_p \\
 &= \left[\partial_\lambda \dot{\Gamma}_{\beta\alpha}^\lambda - \partial_\beta \dot{\Gamma}_{\lambda\alpha}^\lambda \right]_p \\
 &= \left[\nabla_\lambda \dot{\Gamma}_{\beta\alpha}^\lambda - \nabla_\beta \dot{\Gamma}_{\lambda\alpha}^\lambda \right]_p \\
 &= \nabla_\lambda \left[\dot{\Gamma}_{\beta\alpha}^\lambda - \delta_\beta^\lambda \dot{\Gamma}_{\sigma\alpha}^\sigma \right]_p \quad (9.35)
 \end{aligned}$$

Where in the second step we were allowed to replace $\partial_\lambda \rightarrow \nabla_\lambda$ since the cov. der. contains terms proportional to Γ 's which vanish at p . But now both sides of the equation are tensorial and hold in normal coordinates; hence they hold generally:

$$\begin{aligned}
 & \frac{d}{ds} \Big|_{s=0} R_{\alpha\beta}[\gamma(s)] \\
 &= \nabla_\lambda \left[\dot{\Gamma}_{\beta\alpha}^\lambda - \delta_\beta^\lambda \dot{\Gamma}_{\sigma\alpha}^\sigma \right] \quad (9.36)
 \end{aligned}$$

As an immediate corollary we get

$$\begin{aligned} g^{\alpha\beta} \frac{d}{ds} \Big|_{s=0} R_{\alpha\beta} [\gamma(s)] \\ = \nabla_{\lambda} \dot{V}^{\lambda} \end{aligned} \quad (9.37)$$

where

$$\dot{V}^{\lambda} := g^{\alpha\beta} \dot{\Gamma}_{\alpha\beta}^{\lambda} - g^{\lambda\alpha} \dot{\Gamma}_{\sigma\alpha}^{\sigma} \quad (9.38)$$

Taken all this together, i.e. (9.23) for I., (9.30) for III., and (9.36-37) for II. we get

$$\begin{aligned} \frac{d}{ds} \Big|_{s=0} \left(g^{\alpha\beta}(s) R_{\alpha\beta} [\gamma(s)] d\mu_{\gamma(s)} \right) \\ = \left\{ \left(R_{\alpha\beta} - \frac{1}{2} g_{\alpha\beta} R \right) \dot{g}^{\alpha\beta} \right. \\ \left. + \nabla_{\lambda} \dot{V}^{\lambda} \right\} d\mu_g \end{aligned} \quad (9.39)$$

If we want to include the cosmological constant we add $2\Lambda d\mu_g$ to the left-hand side:

$$\begin{aligned} \frac{d}{ds} \Big|_{s=0} \left[\left(\gamma^{\alpha\beta}(s) R_{\alpha\beta}[\gamma(s)] + 2\Lambda d\mu_{\gamma(s)} \right) \right] \\ = \left\{ (G_{\alpha\beta} - \Lambda g_{\alpha\beta}) \dot{g}^{\alpha\beta} + \nabla_{\lambda} \dot{V}^{\lambda} \right\} d\mu_g \end{aligned} \quad (9.40)$$

The vector field \dot{V}^{λ} contains via the Γ the \dot{g} and their space-time derivatives. We will calculate the explicit expressions below. But if we assume the \dot{g} and their derivatives to be zero on the boundary $\partial\Omega$ of the integration domain Ω , then, for

$$\begin{aligned} S_{\text{grav}}[\Omega, s] &:= \int_{\Omega} \mathcal{L}_{\text{grav}}[\gamma(s)] d\mu_{\gamma(s)} \\ \mathcal{L}_{\text{grav}} &= A (R + 2\Lambda) \\ &\quad \downarrow \text{const.} \end{aligned} \quad (9.41)$$

We get

$$\begin{aligned} \frac{d}{ds} \Big|_{s=0} S_{\text{grav}}[\Omega, s] \\ = A \int_{\Omega} (G_{\alpha\beta} - \Lambda g_{\alpha\beta}) \dot{g}^{\alpha\beta} d\mu_g \end{aligned} \quad (9.42)$$

Physicists like to write this as

$$\frac{\delta S_{\text{grav}}}{\delta g^{\alpha\beta}} = A (G_{\alpha\beta} - \Lambda g_{\alpha\beta}) \quad (9.43)$$

The dimensionful constant A is to be determined in such a way so as to give the integral the right physical dimension (that of an action) and numerical normalisation.

Then, in order to arrive at Einstein's equations (9.1) we set

$$S_{\text{mat}}[\Omega, \phi, S] = \int_{\Omega} \mathcal{L}_{\text{mat}}[\phi, \gamma(s)] d\mu_{\gamma(s)} \quad (9.44)$$

where ϕ represents collectively all matter variables (fields) and the curve $S \mapsto \gamma(s)$ is inserted at any position where \mathcal{L}_{mat} depends on the spacetime metric g .

Then we must have

$$\begin{aligned} \frac{d}{ds} \Big|_{s=0} S_{\text{mat}}[\Omega, \phi, S] \\ = -A\kappa \int_{\Omega} T_{\alpha\beta}[\phi, g] \dot{g}^{\alpha\beta} d\mu_g \end{aligned} \quad (9.45)$$

for then,

$$0 = \frac{d}{ds} \Big|_{s=0} \{ S_{\text{grav}}[\Omega, S] + S_{\text{mat}}[\Omega, \phi, S] \} \quad (9.46)$$

is equivalent to

$$\int_{\Omega} [A(G_{\alpha\beta} - \Lambda g_{\alpha\beta}) - A\kappa T_{\alpha\beta}] \dot{g}^{\alpha\beta} d\mu_g = 0 \quad (9.47)$$

For this to be true for all symmetric $\dot{g}^{\alpha\beta} \in ST_0^2(M)$, we must have that $[\dots]$ under the integral to vanish (main theorem of variational calculus), and this is

equivalent to Einstein's equation.

Note that this entails a definition of energy-momentum tensors for matter which can be applied to actually calculate it for given matter actions (Lagrange-densities), even in the case of special-relativistic theories.

The prescription is this: Take the special-relativistic matter action on Minkowski space (Minkowski-metric η):

$$S_{\text{mat}}[\Omega, \phi, \eta] = \int_{\Omega} \mathcal{L}_{\text{mat}}^{(\text{SRT})}[\phi, \eta] d\mu_{\eta} \quad (9.48)$$

in which all implicit dependences on the Minkowski metric η are made explicit — in particular in the derivative operations: all partial derivatives with respect to affine coordinates in Minkowski space are, in fact, Levi-Civita covariant derivatives with respect to η . Then we replace

$$\eta \mapsto \gamma(s), \quad \nabla^{(\eta)} \mapsto \nabla^{\gamma(s)} \quad (9.49)$$

$$\left(\begin{array}{l} \nabla^{(\eta)} = \text{Levi-Civita cov. der. w.r.t. } \eta \\ \nabla^{\gamma(s)} = \text{Levi-Civita cov. der. w.r.t. } \gamma(s) \end{array} \right)$$

and set

$$\int_{\text{mat}} [\phi, \gamma(s)] := \int_{\text{mat}}^{(\text{SRT})} [\phi, \eta \mapsto \gamma(s)] \quad (9.50)$$

$T_{\alpha\beta}[\phi, g]$ is then determined by (9.45).
In particular, the special relativistic energy momentum tensor is obtained by

$$\overline{T}_{\alpha\beta}^{(\text{SRT})}[\phi] := \overline{T}_{\alpha\beta}[\phi, g = \eta]. \quad (9.51)$$

Note that because of (9.23), i.e.

$$\dot{g}^{\alpha\beta} = -g^{\alpha\mu} g^{\beta\nu} \dot{g}_{\mu\nu}$$

We have

$$\begin{aligned} \frac{d}{ds} \Big|_{s=0} S_{\text{mat}}[\Omega, \phi, S] \\ &= -A_K \int_{\Omega} T_{\alpha\beta}[\phi, g] \dot{g}^{\alpha\beta} d\mu_g \\ &= +A_K \int_{\Omega} T^{\alpha\beta}[\phi, g] \dot{g}_{\alpha\beta} d\mu_g \end{aligned} \quad (9.52)$$

This is sometimes written as

$$\left. \begin{aligned} \frac{\delta S_{\text{mat}}}{\delta g^{\alpha\beta}} &= -A_K T_{\alpha\beta} \\ \frac{\delta S_{\text{mat}}}{\delta g_{\alpha\beta}} &= +A_K T^{\alpha\beta} \end{aligned} \right\} (9.53)$$

If we assume the matter Lagrange density \mathcal{L}_{mat} , which is a function on M , to depend on $x \in M$ besides the matter fields only on the metric at x and its first derivatives at x , then

$$\begin{aligned} & \frac{d}{ds} \Big|_{s=0} \int_{\Omega} \mathcal{L}_{\text{mat}} [\phi, g^{d\beta} = \gamma^{d\beta}(s)] d\mu_{g(s)} \\ &= \int_{\Omega} \left\{ \frac{\partial \mathcal{L}_{\text{mat}}}{\partial g^{d\beta}} - \partial_{\lambda} \left(\frac{\partial \mathcal{L}_{\text{mat}}}{\partial g^{d\beta}_{,\lambda}} \right) - \frac{1}{2} \mathcal{L}_{\text{mat}} g^{d\beta} \right\} \delta g^{d\beta} d\mu_g \end{aligned} \quad (9.54)$$

hence

$$T_{d\beta} = -A_{\kappa} \left\{ \frac{\partial \mathcal{L}_{\text{mat}}}{\partial g^{d\beta}} - \partial_{\lambda} \left(\frac{\partial \mathcal{L}_{\text{mat}}}{\partial g^{d\beta}_{,\lambda}} \right) - \frac{1}{2} \mathcal{L}_{\text{mat}} g^{d\beta} \right\} \quad (9.55)$$

In many cases the dependence of \mathcal{L}_{mat} on g is even ultra-local, i.e. independent of the derivatives. This is e.g. the case in Electrodynamics, where the electromagnetic field is represented by

$$F_{\mu\nu} = \begin{pmatrix} 0 & E_1/c & E_2/c & E_3/c \\ -E_1/c & 0 & -B_3 & B_2 \\ -E_2/c & B_3 & 0 & -B_1 \\ -E_3/c & -B_2 & B_1 & 0 \end{pmatrix} \quad (9.55)$$

and, in SRT, (recall $dx^0 = c dt$)

$$\mathcal{L}_{\text{EM}} = -\frac{1}{4\mu_0} F_{\mu\nu} F^{\mu\nu} = \frac{1}{2\mu_0} (\vec{E}/c^2 - \vec{B}^2) \quad (9.56)$$

Making the η -dependence explicit means to write \mathcal{L}_{EM} in terms of $F_{\mu\nu}$ (all indices down) and η :

$$\mathcal{L}_{EM}[F, \eta] = -\frac{1}{4\mu_0} F_{\alpha\mu} F_{\beta\nu} \eta^{\alpha\beta} \eta^{\mu\nu}. \quad (9.57)$$

Replacing η with g then results in

$$\mathcal{L}_{EM}[F, g] = -\frac{1}{4\mu_0} F_{\alpha\mu} F_{\beta\nu} g^{\alpha\beta} g^{\mu\nu} \quad (9.58)$$

$$\Rightarrow \frac{\partial \mathcal{L}_{EM}}{\partial g^{\alpha\beta}} = -\frac{1}{2\mu_0} F_{\alpha\mu} F_{\beta}{}^{\mu}$$

$$\left(\frac{\partial \mathcal{L}_{EM}}{\partial g^{\alpha\beta}} - \frac{1}{2} \mathcal{L}_{EM} g_{\alpha\beta} \right)$$

$$= \frac{1}{2\mu_0} \left[-F_{\alpha\mu} F_{\beta}{}^{\mu} + \frac{1}{4} g_{\alpha\beta} F_{\mu\nu} F^{\mu\nu} \right] \quad (9.59)$$

Setting $g = \eta$ again one obtains (or, e.g., the (00) component

$$\begin{aligned} & \frac{1}{2\mu_0} \left[-F_{0m} F_0{}^m + \frac{1}{4} \eta_{00} (2 F_{0m} F^{0m} + F_{mn} F^{mn}) \right] \\ &= \frac{1}{2\mu_0} \left[-\frac{1}{2} F_{0m} F_0{}^m + \frac{1}{4} F_{ab} F^{ab} \right] \\ &= \frac{1}{2\mu_0} \left[\frac{1}{2} \frac{\vec{E}^2}{c^2} + \frac{1}{2} \vec{B}^2 \right] \end{aligned}$$

$$\frac{1}{2} \left[\frac{1}{2} \epsilon_0 \vec{E}^2 + \frac{1}{2\mu_0} \vec{B}^2 \right] = \frac{1}{2} \frac{CEM}{100}. \quad (9.60)$$

From this we may infer from (9.55) that
 $-AK/2 = 1$, or

$$A = -\frac{2}{K} = -\frac{c^4}{4\pi G} \quad (9.61)$$

Hence

$$\mathcal{L}_{\text{grav}} = -\frac{2}{K} (R + 2\Lambda) \quad (9.62)$$

Note that this makes sense in terms of physical dimensions

$$\begin{aligned} [\mathcal{L}_{\text{grav}}] &= [K^{-1}] \cdot \text{m}^{-2} = \text{N} \cdot \text{m}^{-2} = \text{J} \cdot \text{m}^{-3} \quad (9.63) \\ &= [\text{Energy-density}] \end{aligned}$$

if we interpret $d^4x = dt \wedge d^3x$ this gives the dimension of an action. If we interpret $d^4x = dx^0 \wedge d^3x = c dt \wedge d^3x$, we will take A as $-2/cK$ in order to get the correct dimension of an action.

Finally we come back to (9.32) and calculate the derivatives

$$\dot{\Gamma}^{\lambda}_{\alpha\beta} = \frac{d}{ds} \left[\Gamma^{\lambda}(\gamma(s)) \right]_{\alpha\beta} \quad (9.64)$$

and hence the vector field \dot{V}^{λ} of (9.38)

Again we employ the normal-coordinate trick, just as before. Then

$$\begin{aligned} & \left[\frac{d}{ds} \Big|_{s=0} \left[\Gamma^{\lambda}(\gamma(s)) \right]_{\alpha\beta} \right]_p \\ & \left[\frac{d}{ds} \Big|_{s=0} \left\{ \frac{1}{2} g^{\lambda\sigma}(\gamma(s)) \left[-\gamma_{\alpha\beta,\sigma}(s) + \gamma_{\sigma\alpha,\beta}(s) + \gamma_{\beta\sigma,\alpha}(s) \right] \right\} \right]_p \\ & = \frac{1}{2} g^{\lambda\sigma} \left(-\dot{g}_{\alpha\beta,\sigma} + \dot{g}_{\sigma\alpha,\beta} + \dot{g}_{\beta\sigma,\alpha} \right) \Big|_p \quad (9.65) \end{aligned}$$

Since all other terms vanish due to $g_{\alpha\beta,\gamma}(p) = 0$,

$$= \frac{1}{2} g^{\lambda\sigma} \left(-\nabla_{\sigma} \dot{g}_{\alpha\beta} + \nabla_{\beta} \dot{g}_{\sigma\alpha} + \nabla_{\alpha} \dot{g}_{\beta\sigma} \right) \Big|_p \quad (9.66)$$

Since replacing $\partial_{\sigma} \rightarrow \nabla_{\sigma}$ just adds terms $\sim \Gamma(p) = 0$. But now both sides are tensorial and hence hold in general:

$$\dot{\Gamma}_{\alpha\beta}^{\lambda} = \frac{1}{2} g^{\lambda\sigma} (-\nabla_{\sigma} \dot{g}_{\alpha\beta} + \nabla_{\beta} \dot{g}_{\sigma\alpha} + \nabla_{\alpha} \dot{g}_{\beta\sigma}) \quad (9.67)$$

Further

$$\begin{aligned} \dot{V}^{\lambda} &= g^{\alpha\beta} \dot{\Gamma}_{\alpha\beta}^{\lambda} - g^{\lambda\alpha} \dot{\Gamma}_{\sigma\alpha}^{\sigma} \\ &= \frac{1}{2} \left[g^{\alpha\beta} g^{\lambda\sigma} (-\nabla_{\sigma} \dot{g}_{\alpha\beta} + \nabla_{\beta} \dot{g}_{\sigma\alpha} + \nabla_{\alpha} \dot{g}_{\beta\sigma}) \right. \\ &\quad \left. - g^{\lambda\alpha} g^{\sigma\beta} (-\nabla_{\sigma} \dot{g}_{\alpha\beta} + \nabla_{\alpha} \dot{g}_{\beta\sigma} + \nabla_{\beta} \dot{g}_{\sigma\alpha}) \right] \quad (9.68) \end{aligned}$$

Renaming indices in the second group according to $\alpha \rightarrow \sigma$, $(\sigma, \beta) \rightarrow (\alpha, \beta)$ allows to separate off the common factor $g^{\alpha\beta} g^{\lambda\sigma}$:

$$\begin{aligned} \dot{V}^{\lambda} &= \frac{1}{2} g^{\alpha\beta} g^{\lambda\sigma} (-\nabla_{\sigma} \dot{g}_{\alpha\beta} + \nabla_{\beta} \dot{g}_{\sigma\alpha} + \nabla_{\alpha} \dot{g}_{\beta\sigma} \\ &\quad + \nabla_{\beta} \dot{g}_{\alpha\sigma} - \nabla_{\sigma} \dot{g}_{\beta\alpha} - \nabla_{\alpha} \dot{g}_{\sigma\beta}) \quad (9.69) \end{aligned}$$

The 3rd and 6th term in (...) cancel and the others add:

$$\begin{aligned} \dot{V}^{\lambda} &= g^{\alpha\beta} g^{\lambda\sigma} (-\nabla_{\sigma} \dot{g}_{\alpha\beta} + \nabla_{\beta} \dot{g}_{\alpha\sigma} \\ &\quad + \nabla_{\beta} \dot{g}_{\sigma\alpha} - \nabla_{\alpha} \dot{g}_{\beta\sigma}) \\ &= (g^{\lambda\sigma} g^{\alpha\beta} - g^{\lambda\beta} g^{\alpha\sigma}) \nabla_{\beta} \dot{g}_{\alpha\sigma} \\ &= (g^{\lambda\sigma} g^{\alpha\beta} - g^{\lambda\alpha} g^{\beta\sigma}) \nabla_{\alpha} \dot{g}_{\beta\sigma} \quad (9.70) \end{aligned}$$

where just exchanged the running labels α and β in the last step.

Another way to write U , using

$$\dot{g}^{\alpha\beta} = -g^{\alpha\mu} g^{\beta\nu} \dot{g}_{\mu\nu}$$

is

$$V^\lambda = -\nabla_\alpha \dot{g}^{\alpha\lambda} - \nabla^\lambda (g^{\alpha\beta} \dot{g}_{\alpha\beta}) \quad (9.71)$$

We end by stating the minimal coupling scheme, which consists in a prescription of how to couple matter to the gravitational field.

Minimal coupling scheme:

Given a matter-theory in special-relativistic form, i.e. with Poincaré-invariant equations of motion; then, the equations of motion of that very same matter in a gravitational field $g_{\mu\nu}$ is obtained by replacing

$$\left. \begin{aligned} \eta_{\mu\nu} &\mapsto g_{\mu\nu} \\ \partial_\mu &\mapsto \nabla_\mu \end{aligned} \right\} \quad 9.72$$

Here ∂_μ stands for the Levi-Civita connection for the Minkowski metric η and ∇_μ for that of g . This scheme is called "minimal" because no curvature-terms are prescribed. We will see that this scheme is not always unique.